

11TH Atlantic Coast Invitational - 6/20/2009
Lakeland High School
Suffolk, VA
Results

Event 1 Long Jump Sub-Bantam Girls

Name	Year Team	Seed	Finals	Points
Finals				
1 Rountree, Alexis	02 Suffolk Star	8-00.00	8-08.00	10
2 Davis, Mykaylyn	01 Norfolk Real	8-07.25	8-04.50	8
3 Corprew, Katelan	01 Indian River		7-05.00	6
4 Kluck, Rebecca	01 Suffolk Star	6-07.00	6-06.00	5
5 Kluck, Abigail	03 Suffolk Star	6-09.00	6-03.00	4
6 Gaston, Imani	01 East End Fly		6-02.00	3
7 Wiggins, Lalia	04 Churchland T		6-01.00	2
8 Scott-Mckoy, Nykya	03 Churchland T		5-05.00	1
9 Porter, Maquazha	01 Churchland T		5-00.00	
-- Tilmon, Jazmine	01 Norfolk Real			ND

Event 2 Long Jump Sub-Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Brady, Cameron	01 Central VA T	33-00.75	11-03.00	10
2 Parker, Isaiah	01 Va Speed Exp	12-00.00	10-09.00	8
3 Dubois, Christian	01 Churchland T	9-00.00	10-00.00	6
4 Walker-Harris, Tysin	01 Va Speed Exp	12-00.00	9-05.00	5
5 Wray, Sean	03 East End Fly	7-08.00	9-02.00	4
6 Ferguson, Duron	01 Va Speed Exp	12-00.00	9-00.50	3
7 Jones, Elijah	01 Churchland T	8-04.00	9-00.00	2
8 Patron, Bryce	01 Central VA T	33-00.00	8-08.00	1
9 Williams, Kevin	01 Suffolk Star	9-05.00	8-05.00	
10 Armstead, Kenan	01 Churchland T	8-00.00	8-02.00	
11 Hunter, Cameron	01 Indian River		7-06.00	
12 Riddick, Jaylon	03 Indian River		7-02.00	
13 Miller, Nathaniel	04 Churchland T	4-00.00	7-01.50	
14 White, Anthony	03 Churchland T	6-02.00	6-03.00	
15 Mansion, Shamar	02 East End Fly	9-06.00	5-11.00	
16 Harrell, Christian	05 Lions Den Tr		5-04.00	
17 Cooke, Xavier	02 Churchland T		5-03.00	
-- Kluck, Matthew	04 Suffolk Star			FOUL

Event 3 Long Jump Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Cobbin, Tatyana	99 Norfolk Real		12-03.00	10
2 Burrell, Mariah	99 Technique TC	12-08.00	11-08.00	8
3 Tucker, Jessica	00 Track-757		11-06.50	6
4 Stith, Brooke	99 Suffolk Star		11-03.00	5
5 Ferrell, Bryana	99 Central VA T	12-02.00	11-01.00	4
6 Parks, Skylar	00 East End Fly	12-05.00	11-00.00	3
7 Rountree, Jasmine	99 N-Motion TC	13-00.75	10-05.00	2
8 Williams, Lamani	99 Indian River		10-04.00	1
9 Minor, Kenya	00 Norfolk Real	9-06.00	9-08.00	
10 Bailey, Michala	00 Track Seriou	9-00.00	9-06.00	
11 Parker, Ariel	99 Suffolk Star	11-09.00	9-01.00	
12 Skinner, Shaila	00 Pathfinders		9-00.00	
13 Mccrary, Destinee	00 Churchland T		8-09.00	
14 Morelan, Rian	99 Norfolk Real		7-05.00	
15 Tisdale, Adia	00 Central VA T	3-05.00	7-02.00	
-- Haskins, Asiah	99 Track-757			ND

Event 4 Long Jump Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Codrington, Alwin	99 East New Yor	12-09.00	12-05.00	10

2	Jones, Timon	00	Va Speed Exp	13-00.00	11-10.00	8
3	Marrero, Nazir	99	Churchland T	11-03.00	11-09.00	6
4	Smith, Javon	00	Churchland T	10-01.00	11-07.00	5
5	Johnson, Keyshawn	00	East End Fly	10-00.00	11-02.00	4
6	Mclemore, Eric	00	Va Speed Exp		10-02.00	3
7	Derwent, Tate	99	Lions Den Tr		10-01.00	2
8	Dixon, Micah	00	Churchland T	10-00.00	9-08.00	1
9	Gifford, Isaiah	99	Lions Den Tr		9-03.00	
10	Davis, Kevin	99	Central VA T	11-00.00	7-07.00	
11	Adams, Darian	00	Va Speed Exp		7-04.00	
12	Parker, Aaron	99	Suffolk Star	7-09.00	6-09.00	

Event 5 Long Jump Midget Girls

Name	Year	Team	Seed	Finals	Points	
1	Morris, Sidra	97	Central VA T	4-00.25	15-02.00	10
2	Davis, Sydney	97	Norfolk Real	14-00.00	14-03.00	8
3	Muhammad, Shakuraa	97	Norfolk Real		13-07.00	6
4	Council, Jacquazja	98	Norfolk Real		12-11.00	5
5	Hinton, Joyner	98	Track Seriou	13-04.00	12-10.00	4
6	Hankins, Diamond	97	Track Seriou	13-01.00	12-06.00	3
7	Patterson, Desiree	97	Suffolk Star	12-09.00	J12-06.00	2
8	Tisdale, Kayla	98	Central VA T	3-00.75	12-00.00	1
9	Rountree, Kiera	98	Suffolk Star	11-08.00	11-09.00	
10	Saunders, Maya	98	Unattached	12-08.00	11-04.00	
10	Bell, Jasmine	97	Suffolk Star	8-06.00	11-04.00	
12	Ellison, Chadaja	98	Central VA T	11-05.00	11-02.00	
13	Stith, Bria	98	Suffolk Star		11-00.00	
14	Ballinger, Tameira	97	Suffolk Star	11-05.00	10-06.00	
15	Ferebee, Laneaa	98	Churchland T		10-02.00	
16	Brown, Kayla	97	Churchland T		10-00.00	
17	Rawlings, Makeba	98	Norfolk Real		9-05.00	

Event 6 Long Jump Midget Boys

Name	Year	Team	Seed	Finals	Points	
1	Stills, Joshua	98	Norfolk Real	16-00.00	15-02.00	10
2	Capehart, Tahj	98	Norfolk Real	14-00.00	15-00.00	8
3	Robinson, William	98	Technique TC	15-04.00	14-05.00	6
4	Harrison, Brysen	97	Track-757		13-06.00	5
5	Davis, Kevin	97	Norfolk Real	13-07.00	13-05.00	4
6	Brown, Ronald	98	Churchland T	12-00.00	13-02.00	3
7	Stokley, Jordan	97	Suffolk Star	13-00.00	13-00.00	2
8	Landry, Kiere	98	Churchland T	11-00.00	J13-00.00	1
9	Abdus-Salaam, Zafir	98	Churchland T	12-00.00	12-11.00	
10	Anderson, Earl	97	Va Speed Exp		12-00.00	
11	Smiley, Kenneth	98	Norfolk Real		11-10.50	
12	Hunter, Devon	97	Indian River		11-07.00	
12	Campbell, Adrian	98	East End Fly	12-09.00	11-07.00	
14	Philpot, Terrick	98	Suffolk Star		11-03.00	
14	Conner, Bryon	98	Track Seriou	11-00.50	11-03.00	
16	Martinjr, Donnell	98	Va Speed Exp		11-00.00	
16	Mighty, Kemarni	98	East New Yor	11-11.00	11-00.00	
18	Branch, James	97	Va Speed Exp		10-09.50	
19	Stallings, Dontae	98	Churchland T	9-00.00	10-06.50	
20	Suggs, Kevin	97	Churchland T	9-00.00	9-09.50	
--	Brown, Christion	98	Va Speed Exp	12-00.00	FOUL	
--	Hines, Ira	98	Technique TC	16-00.00	FOUL	

Event 7 Shot Put Bantam Girls

Name	Year	Team	Seed	Finals	Points	
1	Wallace, Raejean	99	N-Motion TC	18-08.00	18-09.00	10
2	Morelan, Rian	99	Norfolk Real		18-07.00	8
3	Hinton, Jade	00	Track Seriou	18-00.00	18-01.00	6
4	Anderson, Ahmore	99	N-Motion TC	15-07.50	17-03.25	5
5	Hunter, Naya	00	Indian River		16-07.75	4

6	Tisdale, Adia	00	Central VA T	3-00.75	16-04.25	3
7	Butler, Sadaya	99	Technique TC		16-02.50	2
8	Cooke, Genesis	00	Churchland T		15-06.75	1
9	Stratton, Bailey	00	Lions Den Tr	14-00.00	15-06.25	
10	Robinson, Keiona	00	Technique TC		11-11.00	

Event 8 Shot Put Bantam Boys

Name	Year	Team	Seed	Finals	Points	
1	Carter, Jasper	00	Va Speed Exp	21-00.00	20-10.50	10
2	Watford-Twiggs, Jaren	99	East End Fly	21-05.00	20-06.00	8
3	Rawlings, Kassim	99	Norfolk Real	18-09.50	20-00.50	6
4	Copeland, Chauncey	99	Central VA T	7-00.75	19-10.50	5
5	Kluck, Jeremy	99	Suffolk Star		13-08.25	4
6	Stutz, Aaron	99	N-Motion TC	13-07.50	12-09.00	3
7	Gifford, Isaiah	99	Lions Den Tr		12-07.25	2

Event 9 Shot Put Midget Girls

Name	Year	Team	Seed	Finals	Points	
1	Rashid, Zakiya	97	Norfolk Real	24-07.00	27-06.00	10
2	Chandler, Aliyah	97	Track Seriou	28-00.00	27-03.50	8
3	Rhue, Krista	97	Unattached	22-10.00	22-02.00	6
4	Gough, Jayla	97	N-Motion TC	25-00.25	22-00.75	5
5	Ferebee, Laneaa	98	Churchland T		21-04.50	4
6	Brown, Kayla	97	Norfolk Real		20-09.50	3
7	Stukes, Brittany	97	Churchland T		17-08.25	2
8	Smith, Shanyln	98	Churchland T		16-09.00	1
9	Clarke, Indiana	98	Fia Ministri	17-00.00	16-03.00	
10	Cutler, Devanee	97	Churchland T		12-05.00	

Event 10 Shot Put Midget Boys

Name	Year	Team	Seed	Finals	Points	
1	Chisley, Terry	97	Technique TC		30-00.00	10
2	Jefferson, Anthony	97	Norfolk Real	30-00.00	29-09.75	8
3	Lyons, Joshua	97	Churchland T	30-00.00	25-10.25	6
4	Ward, Khamahri	97	Track-757		25-02.50	5
5	Lloyd, Isaiah	97	Fia Ministri	24-00.00	25-00.50	4
6	Ward, Duwaun	97	Churchland T	24-00.00	24-10.50	3
7	Douglas, Kenneth	97	Norfolk Real	24-08.00	24-04.50	2
8	Wall, Michael	98	Va Speed Exp	25-00.00	24-03.00	1
9	Hunter, Devon	97	Indian River		24-01.00	
10	Little, Torrence	97	Central VA T	16-05.00	21-07.25	
11	Stills, Joseph	98	Norfolk Real	20-02.00	20-03.00	
12	Butts, Camron	98	Track-757		19-07.00	
12	Williams, Jordan	98	East End Fly	22-00.00	19-07.00	
14	Henderson, Eli-Jah	98	Central VA T	6-00.50	17-07.50	
14	Mighty, Dandre	97	East New Yor	20-11.00	17-07.50	
16	Saunders, Dandre	98	Technique TC		17-05.00	

Event 11 Shot Put Youth Girls

Name	Year	Team	Seed	Finals	Points	
1	Smith, Amirah	95	Western Bran	30-00.00	33-10.50	10
2	Green, Vicky	95	Track-757		32-09.00	8
3	Washington, Aliyah	95	Inside Track	31-00.00	29-01.00	6
4	Wilson, Victoria	95	Track-757		28-02.00	5
5	Brown, Deja	96	Norfolk Real	24-09.75	25-07.75	4
6	Green, Sherry	95	Track-757		23-08.50	3
7	Sherrill, Shaila	95	Inside Track	29-00.00	22-08.75	2
8	Wedlock, Pencil	96	Norfolk Real	20-10.00	22-07.00	1
9	Stratton, Taylor	95	Lions Den Tr	19-00.00	20-10.50	
10	Jordan, Nautica	95	East End Fly		17-04.00	

Event 12 Shot Put Youth Boys

Name	Year Team	Seed	Finals	Points
1 Neeley-Williams, Walter	96 Churchland T	41-00.00	41-08.25	10
2 Culberson, Joshua	96 Churchland T	37-00.00	39-07.25	8
3 Gavin, Arrington	95 Total Athlet	30-04.00	31-07.00	6
4 Tennessee, Ronald	96 Track-757		30-02.00	5
5 Parlow, Bradley	96 Diamond Trac	36-00.00	28-02.00	4
6 Rountree, Gregory	96 Suffolk Star	33-00.00	27-05.25	3
7 Geisman, John	96 East End Fly		22-08.00	2
8 Riddick, Marquaine	96 Churchland T	21-00.00	18-03.00	1

Event 13 Discus Throw Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Kiara, Tucker	94 Sonic Boom T	96-06	90-02	10
2 Gray, Kierra	94 Inside Track	85-00	81-01.50	8
3 Barrow, Katrice	94 Technique TC	78-00	80-01	6
4 Thompson, Diyea	94 Tri-City Jet	89-00	74-08	5
5 Cleveland, Rachelle	93 Carolina Lig	64-00	67-05.50	4
6 Morelan, Rio	93 Norfolk Real	74-00	66-04.25	3
7 Callicutt, Catherine	93 Central VA T	75-00	62-06	2

Event 14 Discus Throw Intermediate Boys

Name	Year Team	Seed	Finals	Points
1 Thompson, Clifton	93 Tri-City Jet	161-00	151-07	10
2 Lloyd, Nathaniel	93 Fia Ministri	116-02	116-03	8
3 Webb, Garion	93 Inside Track	105-00	114-02	6
4 Mcgouan, Tevin	93 Technique TC	101-00	110-09	5
5 Stills, Desmond	94 Norfolk Real	90-01	109-08	4
6 Coles, Tykhari	94 Technique TC	88-00	88-00	3
7 Moorman, Garrick	93 Carolina Lig	83-00	82-06	2
8 Brown, Ralph	93 Inside Track		77-02	1

Event 15 Discus Throw Young Girls

Name	Year Team	Seed	Finals	Points
1 Jeffries, Deianira	92 Diamond Trac	92-00	85-10.50	10
2 Alston, Daijha	92 Diamond Trac	102-07	72-07	8

Event 16 Discus Throw Young Boys

Name	Year Team	Seed	Finals	Points
1 Butler, David	92 Track Seriou	100-00	102-08	10
2 Coleman, Raymond	91 Diamond Trac	120-06	91-06	8
3 James, Prince	92 East End Fly		73-04	6

Event 17 Long Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1 Taliaferro, Briana	96 Norfolk Real	16-04.00	16-07.00	10
2 Hunter, Ciarra	96 Central VA T	16-00.00	15-05.00	8
3 Parks, Milan	96 East End Fly	16-00.00	J15-05.00	6
4 Wright, Chelsea	95 Norfolk Real	16-06.00	15-04.00	5
5 Franklin, Jamila	96 Technique TC	14-05.00	13-04.00	4
6 Matute, Alexa	95 Western Bran		12-11.00	3
7 Cleveland, Ashleigh	96 Carolina Lig	13-06.00	12-08.00	2
8 May, Dmya	95 Track Seriou	13-02.00	12-05.50	1
9 Hatton, Kanitra	95 Churchland T		12-04.00	
10 Harvey, Bria	95 Norfolk Real	13-00.00	12-03.00	
11 Bryant, Twanja	95 Track Seriou	14-08.00	12-00.00	

Event 18 Long Jump Youth Boys

Name	Year	Team	Seed	Finals	Points
1 Rogers, Christian	95	Central VA T	17-00.00	17-10.00	10
2 Banks, Darius	95	Boys And Gir	19-01.00	J17-10.00	8
3 Edwards, Anthony	95	Central VA T	17-03.25	17-05.00	6
4 Major-Dixon, Darius	95	Churchland T	16-00.00	17-00.00	5
5 Morgan, Jason	95	Western Bran		16-10.00	4
6 Johnson, Cardon	95	Boys And Gir	18-08.00	16-01.00	3
7 Gee, Daquan	95	Churchland T	15-00.00	16-00.00	2
8 Summerville, Eugene	96	Western Bran	17-10.00	J16-00.00	1
9 Dunkley, Darren	96	Western Bran	15-06.00	15-04.00	
10 Lawton, Myles	96	Fia Ministri	14-06.00	15-03.00	
11 Jones, Quincy	95	Boys And Gir	16-09.00	15-02.00	
12 Arneaud, Trevor	95	Technique TC	17-00.00	14-11.00	
13 Payne, James	95	Technique TC	16-00.00	14-07.00	
13 Davis, Stanley	96	Norfolk Real	16-05.75	14-07.00	
15 Bogac, Jonathan	96	Carolina Lig	14-00.00	14-02.00	
16 Williams, Kenneth	95	Suffolk Star	15-00.00	13-02.00	
17 Robinson, Bryceton	95	Norfolk Real	13-09.00	13-01.00	
18 Chandler, Nathaniel	95	Norfolk Real	13-00.00	12-10.00	
19 Bogac, Josh	96	Carolina Lig	13-05.00	11-09.00	
20 Riddick, Marquaine	96	Churchland T	9-00.00	10-03.00	

Event 19 Long Jump Intermediate Girls

Name	Year	Team	Seed	Finals	Points
1 Carney, Taira	94	Central VA T	17-00.50	17-10.00	10
2 Stovall, Naria	93	Central VA T	15-00.00	17-02.00	8
3 Davis, Mikeisha	93	Suffolk Star	15-00.00	16-11.00	6
4 Ellick, Tiffany	94	Norfolk Real		16-07.00	5
5 Jefferies, Javeisha	94	N-Motion TC	16-05.50	16-01.00	4
6 Harris, Tova	94	Diamond Trac	15-10.00	15-09.50	3
7 Barrow, Katrice	94	Technique TC	15-00.00	15-09.00	2
8 Culver, Sierra	94	Track Seriou	15-10.00	15-05.00	1
9 Lindsey, Kayla	94	Track Seriou	14-02.00	12-04.00	

Event 20 Long Jump Intermediate Boys

Name	Year	Team	Seed	Finals	Points
1 Keith, Austin	94	Norfolk Real		21-00.00	10
2 Hill, Joseph	93	Norfolk Real		20-08.00	8
3 Bates, Jamarian	94	Diamond Trac	21-06.00	20-04.00	6
4 Burrell, William	93	Technique TC	20-00.00	19-11.00	5
5 Lofton, Jaquon	93	Track-757		19-05.00	4
6 Hamilton, Rashawn	94	Western Bran	17-00.00	18-09.00	3
7 Washington, Justin	93	Pathfinders	15-02.00	18-07.00	2
8 Edwards, Carlton	94	Central VA T	20-00.00	18-03.00	1
9 Baugh, Brandon	94	Diamond Trac	19-10.00	18-00.00	
10 Stewart, Justin	93	Speed City C	21-00.00	17-11.00	
11 Reid, Blair	94	Norfolk Real		17-03.00	
11 Bly, Roderick	94	N-Motion TC	17-08.00	17-03.00	
13 Dixon, Aaron	93	Churchland T	16-00.00	14-01.00	
-- Coleman, Shavon	93	Track-757		FOUL	

Event 21 Long Jump Young Girls

Name	Year	Team	Seed	Finals	Points
1 Harris, Tiffany	91	Norfolk Real		19-06.50	10
2 Bell, Champagne	91	Norfolk Real		19-00.00	8
3 Perry, Chaneka	91	Speed City C	17-00.00	18-02.00	6
4 Fulgham, Sarah	92	Central VA T	16-10.00	17-10.50	5
5 Jemmott, Katea	92	Central VA T	16-03.00	17-06.00	4
6 James, Shkemea	92	Technique TC	16-04.00	17-03.00	3
7 Taylor, Whitney	91	Central VA T	15-08.00	16-10.00	2
8 Banks, Ivory	92	Central VA T	16-00.00	16-07.00	1
9 Mcmillian-Wins, Asia	92	Central VA T	16-00.00	16-04.00	
10 Wise, Katherine	92	Central VA T	4-00.75	16-03.00	

11 Singleton, Raven	91 Diamond Trac	17-05.00	16-02.00
12 Govans, Tyeshia	91 Diamond Trac	16-04.00	15-03.50
13 Mebane, Courtney	91 Lions Den Tr	15-00.00	14-10.00
14 Bailey, Eloria	92 Diamond Trac	15-01.00	14-04.00
15 Ray, Jasmine	92 Suffolk Star		13-09.00
16 Harrison, Tiera	92 Diamond Trac	14-02.00	12-07.00
-- Robinson, Ebonii	92 Central VA T	16-00.00	FOUL

Event 22 Long Jump Young Boys

Name	Year Team	Seed	Finals	Points
1 Fulgham, Quintin	91 Central VA T	6-00.50	22-09.50	10
2 Teller, Dante	91 Track-757		21-01.00	8
3 Thomas, Joshua	92 Churchland T	20-00.00	19-11.00	6
4 Tyler, Garrett	92 Central VA T	16-03.00	19-09.00	5
5 Chambliss, Mark	91 Diamond Trac	19-08.00	18-01.00	4
-- Lay, Robert	91 Central VA T	15-00.00	FOUL	
-- Rice, Winford	92 Suffolk Star		FOUL	

Event 23 Long Jump Open Women

Name	Year Team	Seed	Finals
1 Kirby, Wanetta	89 Norfolk Real	20-00.00	20-01.00

Event 24 Long Jump Open Men

Name	Year Team	Seed	Finals
1 Woods, Marlon	89 Norfolk Real	25-00.00	23-10.00

Event 25 Shot Put Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Gray, Kierra	94 Inside Track	34-00.00	33-01.00	10
2 Kiara, Tucker	94 Sonic Boom T	32-09.00	31-04.00	8
3 Callicutt, Catherine	93 Central VA T	32-00.00	30-07.00	6
4 Barrow, Katrice	94 Technique TC	30-00.00	28-06.25	5
5 Cleveland, Rachelle	93 Carolina Lig	28-00.00	27-06.00	4
6 Morelan, Rio	93 Norfolk Real		23-10.75	3
7 Artis, Jasmine	94 Inside Track		18-01.00	2
8 Walton, Tina	93 Churchland T		16-10.00	1

Event 26 Shot Put Intermediate Boys

Name	Year Team	Seed	Finals	Points
1 Mcgouan, Tevin	93 Technique TC	40-05.50	42-04.00	10
2 Spencer, Devon	93 Technique TC	46-00.00	42-01.25	8
3 Thompson, Clifton	93 Tri-City Jet	49-00.00	41-04.00	6
4 Lloyd, Nathaniel	93 Fia Ministri	41-00.00	41-03.00	5
5 Webb, Garion	93 Inside Track	33-00.00	35-03.50	4
6 Coles, Tykhari	94 Technique TC	35-00.00	34-03.00	3
7 Coleman, Shavon	93 Track-757		31-05.25	2
8 Stills, Desmond	94 Norfolk Real	32-05.00	31-01.00	1

Event 27 Shot Put Young Girls

Name	Year Team	Seed	Finals	Points
1 Alston, Daijha	92 Diamond Trac	32-04.00	26-10.50	10
2 Jeffries, Deianira	92 Diamond Trac	31-00.00	23-06.50	8

Event 28 Shot Put Young Boys

Name	Year Team	Seed	Finals	Points
1 Butler, David	92 Track Seriou	43-00.00	42-00.50	10

2 Coleman, Raymond 91 Diamond Trac 44-07.00 37-04.00 8

Event 29 High Jump Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Williams, Victoria	99 Norfolk Real		3-06.00	10
2 Stewart, Tenesha	99 East New Yor	3-08.00	3-04.00	8
3 Stratton, Bailey	00 Lions Den Tr	3-04.00	3-02.00	6

Event 30 High Jump Midget Girls

Name	Year Team	Seed	Finals	Points
1 Broughton, Shayla	98 East New Yor	4-06.00	4-06.00	10
2 Davis, Sydney	97 Norfolk Real	4-06.00	4-04.00	8
3 Buster, Jasmin	98 Norfolk Real	3-04.00	3-06.00	6
4 Council, Jacquazja	98 Norfolk Real	3-04.00	3-04.00	5
5 Wesby, Shyrane	98 Churchland T		J3-04.00	4

Event 31 High Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1 Stratton, Taylor	95 Lions Den Tr	4-06.00	4-04.00	10
2 Cleveland, Ashleigh	96 Carolina Lig	4-04.00	4-02.00	7
2 White, Ebony	96 Track-757		4-02.00	7
4 Mansion, Mia	96 East End Fly	4-04.00	3-10.00	4.50
4 Clark, Niya	96 Norfolk Real	3-08.00	3-10.00	4.50
6 Parks, Kortnie	95 Churchland T		3-08.00	3

Event 32 High Jump Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Calhoun, Alana	94 Western Bran	5-02.00	4-08.00	10
2 Cleveland, Rachelle	93 Carolina Lig	4-06.00	4-06.00	8
-- Horne, Trenette	93 Churchland T		NH	
-- Daniels, Brehanna	94 Track Seriou	4-10.00	NH	

Event 33 High Jump Young Girls

Name	Year Team	Seed	Finals	Points
1 Bell, Champagne	91 Norfolk Real		5-00.00	10
2 Minczuk, Kathryn	91 Central VA T	5-02.00	4-08.00	8
3 Govans, Tyeshia	91 Diamond Trac	4-10.00	4-06.00	6

Event 34 High Jump Open Women

Name	Year Team	Seed	Finals
1 Waller, Monae	90 Sonic Boom T		5-02.00

Event 35 Discus Throw Midget Girls

Name	Year Team	Seed	Finals	Points
1 Rashid, Zakiya	97 Norfolk Real	73-10	73-05.50	10
2 Brown, Kayla	97 Norfolk Real	54-00	60-09	8
3 Clarke, Indiana	98 Fia Ministri	50-01	58-04	6
4 Chandler, Aliyah	97 Track Seriou	45-00	51-07	5
5 Gough, Jayla	97 N-Motion TC	58-05	51-06	4
6 Hazel, Jalaia	97 Churchland T		49-04	3
7 Smith, Shanyyn	98 Churchland T		49-00.50	2
8 Fulp, Dasia	98 Churchland T		43-10.50	1
9 Rhue, Krista	97 Unattached	40-00	38-11	

Event 36 Discus Throw Midget Boys

Name	Year	Team	Seed	Finals	Points
1 Chisley, Terry	97	Technique TC		90-06	10
2 Lyons, Joshua	97	Churchland T	69-00	83-09	8
3 Lloyd, Isaiah	97	Fia Ministri	66-00	70-08.50	6
4 Jefferson, Anthony	97	Norfolk Real	71-09	66-10	5
5 Stills, Joseph	98	Norfolk Real	54-09	55-07	4
6 Wall, Michael	98	Va Speed Exp	60-00	54-07.50	3
7 Saunders, Dandre	98	Technique TC		53-03	2
8 Ward, Duwaun	97	Churchland T	30-00	51-11	1
9 Douglas, Kenneth	97	Norfolk Real	59-01.50	48-10.25	
10 Butts, Camron	98	Track-757		44-11	

Event 37 Discus Throw Youth Girls

Name	Year	Team	Seed	Finals	Points
1 Washington, Aliyah	95	Inside Track	65-00	74-06.50	10
2 Lyons, Brayana	95	Churchland T		74-02	8
3 Sherrill, Shaila	95	Inside Track	70-00	64-03	6
4 Jones, Mashea	95	Churchland T		59-00	5
5 Wilson, Victoria	95	Track-757		49-00	4

Event 38 Discus Throw Youth Boys

Name	Year	Team	Seed	Finals	Points
1 Neeley-Williams, Walter	96	Churchland T	144-00	113-06.50	10
2 Parlow, Bradley	96	Diamond Trac	104-00	110-02.50	8
3 Culberson, Joshua	96	Churchland T	106-00	106-04	6
4 Gavin, Arrington	95	Total Athlet	61-10	101-11	5
5 Tennessee, Ronald	96	Track-757		98-04	4
6 Geisman, John	96	East End Fly	82-00	60-01.50	3
7 Kluck, Mark	95	Suffolk Star	61-03	60-00.50	2
8 Bogac, Josh	96	Carolina Lig	59-00	57-02	1
9 Riddick, Marquaine	96	Churchland T	55-00	44-00	

Event 39 High Jump Bantam Boys

Name	Year	Team	Seed	Finals	Points
1 Bailey, Coby	99	Track-757		3-10.00	10
2 Marshall, Reondre	99	Churchland T		3-04.00	8
3 Trotter, Nasim	99	Churchland T		3-02.00	6
-- Parker, Aaron	99	Suffolk Star		NH	
-- Kluck, Jeremy	99	Suffolk Star		NH	

Event 40 High Jump Midget Boys

Name	Year	Team	Seed	Finals	Points
1 Holloway, Grant	97	Track-757		4-04.00	10
2 Williams, Anthony	98	Norfolk Real		4-02.00	8
3 Davis, Kevin	97	Norfolk Real	4-04.75	4-00.00	6
4 Lewis, Kemon	98	Va Speed Exp		3-10.00	5
5 Bailey, Tyrone	98	Churchland T	4-00.00	3-08.00	4
-- Kluck, Ryan	97	Suffolk Star	4-00.00	NH	

Event 41 High Jump Youth Boys

Name	Year	Team	Seed	Finals	Points
1 Morgan, Jason	95	Western Bran		5-02.00	10
2 Rogers, Christian	95	Central VA T	5-08.00	5-00.00	8
3 Major-Dixon, Darius	95	Churchland T	4-00.00	4-10.00	6
4 Sessoms, Quamel	96	Churchland T	4-00.00	4-08.00	5
5 Gee, Daquan	95	Churchland T	4-00.00	4-06.00	4
6 Davis, Stanley	96	Norfolk Real	4-06.00	4-04.00	3
7 Little, Juan	96	Norfolk Real		4-02.00	1.50
8 Guerrier, Davon	95	Norfolk Real		J4-02.00	1.50

9 Carter, Dominic	96 Va Speed Exp	4-00.00	4-00.00
-- Edwards, Anthony	95 Central VA T	5-08.00	NH
-- Riddick, Marquaine	96 Churchland T	4-00.00	NH

Event 42 High Jump Intermediate Boys

Name	Year Team	Seed	Finals	Points
1 Stewart, Justin	93 Speed City C	6-02.00	6-00.00	10
2 Reid, Malcolm	93 Track-757		5-06.00	7
2 Ayot, Juquan	93 Track-757		5-06.00	7
4 Simmons, Nicholas	94 Norfolk Real	6-00.00	J5-06.00	5
5 Childs, Jordan	94 Norfolk Real		5-04.00	4
6 Scott, Erik	93 Track-757		J5-04.00	3
7 Baugh, Brandon	94 Diamond Trac	5-08.00	J5-04.00	2

Event 43 High Jump Young Boys

Name	Year Team	Seed	Finals	Points
1 Tyler, Garrett	92 Central VA T	6-06.00	6-04.00	
2 Murray, Tyreak	92 Total Athlet	6-04.00	6-00.00	
3 Jordan, Patrick	92 Suffolk Star		5-06.00	
4 Cato, Denzel	90 Sonic Boom T	6-02.00	J5-06.00	
-- Harris, Devron	92 Tri-City Jet	6-00.00	NH	

Event 45 Triple Jump Youth Girls

Name	Year Team	Seed	Finals	Points
1 Hunter, Ciarra	96 Central VA T	34-01.00	30-08.50	10
2 Miller, Nyah	96 Track Easter	30-00.00	29-09.00	8
3 Cleveland, Ashleigh	96 Carolina Lig	26-00.00	29-01.50	6
4 Stratton, Taylor	95 Lions Den Tr	20-00.00	27-01.00	5
5 Schroeder, Kayla	95 Carolina Lig	22-00.00	26-10.75	4

Event 46 Triple Jump Youth Boys

Name	Year Team	Seed	Finals	Points
1 Rogers, Christian	95 Central VA T	38-00.00	39-08.00	10
2 Edwards, Anthony	95 Central VA T	36-00.00	36-07.00	8
3 Miller, Nyheim	96 Track Easter	35-00.00	32-07.00	6
4 Rountree, Gregory	96 Suffolk Star	30-00.00	30-10.00	5
5 Williams, Kenneth	95 Suffolk Star		21-10.00	4

Event 47 Triple Jump Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Carney, Taira	94 Central VA T	35-10.75	38-05.25	10
2 Davis, Mikeisha	93 Suffolk Star	35-00.00	35-00.00	8
3 Stovall, Naria	93 Central VA T	33-00.00	31-06.50	6
4 Harris, Tova	94 Diamond Trac	32-03.00	31-05.00	5

Event 48 Triple Jump Intermediate Boys

Name	Year Team	Seed	Finals	Points
1 Stewart, Justin	93 Speed City C	43-00.00	41-09.50	10
2 Bates, Jamarian	94 Diamond Trac	41-08.00	40-04.00	8
3 Reid, Blair	94 Norfolk Real		37-01.00	6
4 Childs, Jordan	94 Norfolk Real		36-02.00	5

Event 49 Triple Jump Young Girls

Name	Year Team	Seed	Finals	Points
1 Perry, Chaneka	91 Speed City C	39-00.00	39-05.25	10
2 Dennis, Breanna	92 Norfolk Real		34-08.75	8

3	Wise, Katherine	92	Central VA T	10-00.50	34-07.25	6
4	Fulgham, Sarah	92	Central VA T	36-00.00	34-05.50	5
5	Mebane, Courtney	91	Lions Den Tr	33-00.00	34-00.75	4
6	James, Shkemea	92	Technique TC	33-00.00	33-03.50	3
7	Alston, Daijha	92	Diamond Trac	32-02.00	32-03.75	2
8	Alston, Brittany	91	Inside Track		31-10.50	1
9	Minczuk, Kathryn	91	Central VA T	33-00.00	30-06.25	
10	Cannon, Imani	92	Suffolk Star		23-04.00	
--	Taylor, Whitney	91	Central VA T	34-05.00	FOUL	
--	Jemmott, Katea	92	Central VA T	36-00.00	FOUL	

Event 50 Triple Jump Young Boys

Name	Year Team	Seed	Finals	Points	
1	Cato, Denzel	90 Sonic Boom T	45-07.00	43-06.00	10
2	Fulgham, Quintin	91 Central VA T	14-00.25	43-01.00	8
3	Jordan, Patrick	92 Suffolk Star		40-04.00	6
4	Harrisii, Eric	91 Inside Track		39-07.00	5
5	Rice, Winford	92 Suffolk Star		39-02.50	4

Event 51 Triple Jump Open Women

Name	Year Team	Seed	Finals
1	Aghaji, Mia	89 Diamond Trac	42-05.00 39-06.25

Event 59 3000 Meter Run Midget Girls

Name	Year Team	Seed	Finals	Points	
1	Gary, Ieisha	97 Boys And Gir	12:13.00	12:39.93	10

Event 60 3000 Meter Run Midget Boys

Name	Year Team	Seed	Finals	Points	
1	Mcnatt, Kalen	98 Norfolk Real	10:45.12	10:55.79	10
2	Pendleton, Tony	98 Boys And Gir		11:44.41	8
3	Johnson, Sheneir	98 Boys And Gir		12:13.14	6
4	Chalk, Dennis	97 Carolina Lig	12:36.82	12:48.29	5

Event 61 3000 Meter Run Youth Girls

Name	Year Team	Seed	Finals	Points	
1	Latimer, Emily	95 Carolina Lig	11:29.48	12:43.42	10

Event 62 3000 Meter Run Youth Boys

Name	Year Team	Seed	Finals	Points	
1	Hairston, Nicholas	95 Boys And Gir		11:57.96	10

Event 63 3000 Meter Run Intermediate Girls

Name	Year Team	Seed	Finals	Points	
1	Graham, Jacqueline	93 Sonic Boom T	11:40.00	11:24.95	10
2	Temple, Kelsey	93 Carolina Lig	12:08.61	12:28.73	8
3	Rozier, Sarah	94 Carolina Lig	12:43.30	13:39.46	6
4	Davis, Leighanne	94 Carolina Lig	13:01.06	14:26.86	5

Event 64 3000 Meter Run Intermediate Boys

Name	Year Team	Seed	Finals	Points	
1	Brown, William	94 Technique TC	8:59.00	8:58.81	10
2	Inman, Zachary	93 Track-757		10:39.50	8
3	Brown, Anthony	94 Carolina Lig	10:30.67	10:46.77	6

4 Palmer, Dekristopher	93 Speed City C	11:00.00	10:55.89	5
5 Rose, Glenn	94 Lions Den Tr	10:50.00	11:01.44	4
6 Drew, Isaiah	94 Total Athlet	12:00.00	11:55.27	3

Event 65 3000 Meter Run Young Girls

Name	Year Team	Seed	Finals	Points
1 Metzger, Beth	92 Carolina Lig	13:00.00	13:35.14	10

Event 66 3000 Meter Run Young Boys

Name	Year Team	Seed	Finals	Points
1 Burton, Orlando	91 Speed City C	9:20.00	9:37.92	10
2 Sawyer, Richard	91 Norfolk Real		10:07.18	8
3 Bollero, Kiel	92 Carolina Lig	10:14.69	10:28.46	6
4 Rinehardt, Marcus	92 Lions Den Tr	11:20.00	10:46.17	5
5 Girona, Miguel	92 East End Fly		11:40.55	4

Event 69 80 Meter Hurdles Midget Girls

Name	Year Team	Seed	Finals	Points
1 Davis, Sydney	97 Norfolk Real	14.80	15.32	10
2 Skinner, Shay	97 Track-757		16.31	8
3 Council, Jacquazja	98 Norfolk Real	17.87	17.06	6
4 Shepard, Brianna	97 Churchland T	16.51	19.02	5

Event 70 80 Meter Hurdles Midget Boys

Name	Year Team	Seed	Finals	H#	Points
1 Holloway, Grant	97 Track-757	12.50	13.31	2	10
2 Butts, Malik	98 Track-757	14.00	15.04	2	8
3 Griffith, Ronaldo	98 East New Yor	15.30	15.29	2	6
4 Ward, Khamahri	97 Track-757	15.00	15.55	2	5
5 Anderson, Earl	97 Va Speed Exp	15.00	16.25	2	4
6 Butts, Camron	98 Track-757		16.31	1	3
7 Smith, Tyain	98 Track-757	14.10	16.35	2	2
8 Martinjr, Donnell	98 Va Speed Exp		16.37	1	1
9 Stills, Joseph	98 Norfolk Real	16.75	16.46	2	
10 Kluck, Ryan	97 Suffolk Star	18.05	17.59	2	

Event 72 100 Meter Hurdles Youth Boys

Name	Year Team	Seed	Finals	H#	Points
1 Miller, Nyheim	96 Track Easter	14.50	15.17	2	10
2 Davis, Stanley	96 Norfolk Real	16.00	16.17	2	8
3 Dunkley, Darren	96 Western Bran	18.25	18.12	2	6
4 Tennessee, Ronald	96 Track-757		18.38	1	5
5 Lawrence, Justin	96 Norfolk Real		19.92	1	4
6 Summerville, Eugene	96 Western Bran	16.25	20.70	2	3
7 Guerrier, Davon	95 Norfolk Real	21.88	21.23	2	2
8 Kluck, Mark	95 Suffolk Star	20.56	21.71	2	1
9 Brown, Rashaad	95 Norfolk Real		21.81	1	
10 Rountree, Gregory	96 Suffolk Star	16.00	40.97	2	

Event 73 100 Meter Hurdles Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Lassiter, Shamia	93 Western Bran	15.62	15.85	10
2 Harper, Amani	93 Norfolk Real	16.40	16.11	8
3 Bowman, Brittney	93 Norfolk Real		18.88	6
4 Perdue, Brooke	93 Unattached	18.65	18.91	5
5 Calhoun, Alana	94 Western Bran	15.62	20.96	4
6 Horne, Trenette	93 Churchland T		23.18	3

Event 74 100 Meter Hurdles Young Girls

Name	Year Team	Seed	Finals	Points
1 Bryant, Charisse	91 Track Seriou	14.60	14.82	10
2 Perry, Chaneka	91 Speed City C	14.60	15.02	8
3 Bailey, Eloria	92 Diamond Trac	17.20	18.75	6
4 Ray, Jasmine	92 Suffolk Star		20.75	5
5 Smith, Melina	92 Churchland T		21.47	4

Event 75 110 Meter Hurdles Intermediate Boys

Name	Year Team	Seed	Finals	H#	Points
1 Simmons, Nicholas	94 Norfolk Real	16.63	16.05	2	10
2 Bateman, Jamar	93 Norfolk Real	16.00	16.19	2	8
3 Smith, Michael	94 Track Seriou	16.10	16.66	2	6
4 Reid, Blair	94 Norfolk Real	17.10	17.60	2	5
5 Hurd, Anthony	93 Track-757	15.20	17.91	2	4
6 Nowadly, Connor	94 Carolina Lig	18.37	18.63	1	3
7 Holloway, Trey	94 Track-757		19.59	1	2
8 Grymes, Zachary	93 Western Bran	17.34	20.45	1	1
9 Dixon, Aaron	93 Churchland T	15.13	21.77	2	
10 Hamilton, Rashawn	94 Western Bran	16.10	25.73	2	

Event 76 110 Meter Hurdles Young Boys

Name	Year Team	Seed	Finals	Points
1 Mcfadden, Daniel	92 Norfolk Real	15.90	15.14	10
2 Dorrel, Romane	92 Central VA T	16.39	15.27	8
3 Harris, Devron	92 Tri-City Jet	14.90	15.32	5.50
3 Morgan, Travis	92 Sonic Boom T	15.50	15.32	5.50
5 Long, Khyiem	91 Western Bran	15.70	15.53	4
6 Stewart, James	91 Speed City C	16.10	16.34	3
7 Jordan, Patrick	92 Suffolk Star		16.54	2
8 Hamilton, Eddie	92 Western Bran	16.30	19.90	1

Event 77 100 Meter Dash Sub-Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Banks, Alexis	01 Churchland T	15.59	15.57	5	10
2 Edwards, Rolanda	01 Track Seriou	16.13	15.74	5	8
3 Morris, Precious	01 N-Motion TC	15.80	15.91	5	6
4 Thompson, Alandria	01 East New Yor	16.50	16.14	5	5
5 Harper, Sommer	01 Boys And Gir	16.68	16.62	5	4
6 Corprew, Katelan	01 Indian River	17.80	16.74	4	3
7 Johnson, Carleah	01 Boys And Gir	16.68	16.77	5	2
8 Tilmon, Jazmine	01 Norfolk Real	16.41	17.37	5	1
9 Williams, Jaiden	01 East End Fly	17.50	17.56	4	
10 Epps, Aniya	01 Track-757	16.00	17.63	5	
11 Davis, Mykaylyn	01 Norfolk Real	19.66	18.06	4	
12 Newton, Antwanette	01 Boys And Gir	17.50	18.08	4	
13 Brabson, Erin	03 N-Motion TC	19.66	18.64	3	
14 Venable, Navaya	02 Central VA T	18.00	18.67	4	
15 Powell, Anniya	01 Churchland T	19.80	18.69	3	
16 Imhotep, Nature	02 Norfolk Real	20.22	19.65	3	
17 Dozier, Nyasia	01 Churchland T	20.80	20.00	3	
18 Robinson, Alexa	02 Norfolk Real	21.20	20.35	3	
19 Dozier, Essence	01 Churchland T	19.27	20.82	4	
20 Walker, Jada	02 Speed City C	20.00	21.40	3	
21 Williams, Jayce	02 East End Fly		21.94	1	
22 Pridgen, Jalyn	04 Churchland T	24.00	21.95	2	
23 Kluck, Abigail	03 Suffolk Star	21.95	22.27	2	
24 Wilson, Abigail	03 East End Fly		22.45	1	
25 Powell, Latoya	02 Churchland T	21.40	23.92	3	
26 Gatlin, Makayla	04 Norfolk Real	25.54	25.15	2	
27 Wiggins, Lalia	04 Churchland T	27.92	25.55	2	

Event 78 100 Meter Dash Sub-Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Murry, Michael	01 Boys And Gir	15.11	15.13	6	10
2 Patron, Bryce	01 Central VA T	14.85	15.15	6	8
3 Rawlings, Damar	01 Norfolk Real	15.83	15.45	6	6
4 Battle, Daequan	01 Technique TC	16.00	15.63	5	5
5 Rawlings, Ashmar	01 Norfolk Real	15.75	15.72	6	4
6 Williams, Kevin	01 Suffolk Star	15.86	15.78	5	3
7 Mighty, Keanjour	02 East New Yor	16.00	15.84	5	2
8 Brady, Cameron	01 Central VA T	16.20	15.94	5	0.50
8 Midgett, Keyonte	01 Churchland T	15.75	15.94	6	0.50
10 Blizzard, Trovel	01 Boys And Gir	15.66	15.96	6	
11 Gough, Lajuan	01 East New Yor	15.80	16.03	6	
12 Midgett, Keyandre	02 Churchland T	16.65	16.22	4	
13 Meese, Michael	01 Team Flash	16.70	16.25	4	
14 Simmons, Keyshaun	01 Boys And Gir	16.10	16.36	5	
15 Pruitt, Joshua	01 East End Fly	16.32	16.39	5	
16 Mansion, Shamar	02 East End Fly	16.25	16.43	5	
17 Gray, Dasaun	02 Churchland T	17.98	16.64	3	
18 Daniels, Javon	02 East End Fly		16.65	2	
19 Peters, Alyjha	02 Va Speed Exp	15.00	16.68	6	
20 Wolfrey, Deshawn	02 Track-757		16.75	1	
21 Wray, Sean	03 East End Fly	17.50	17.17	4	
22 Jones, Brandon	01 Boys And Gir	17.40	17.45	4	
23 Mitchell, Camren	03 Unattached		17.47	1	
24 Armstead, Kenan	01 Churchland T	17.45	17.49	4	
25 Harris, Jhalen	01 Norfolk Real		17.71	1	
26 Woodard, Quinterick	01 N-Motion TC	18.52	17.79	3	
27 Lowther, Tyreik	02 Suffolk Star	18.13	17.93	3	
28 Dubois, Christian	01 Churchland T	18.68	17.95	3	
29 Bunch, Calvin	01 East End Fly		17.96	2	
30 Hunter, Cameron	01 Indian River	17.80	18.19	4	
31 Artis, Deryan	02 Suffolk Star	18.61	18.39	3	
32 Coston, Teion	02 Churchland T	19.00	18.44	3	
33 Stewart, Tyshon	02 East End Fly	17.46	18.48	4	
34 Mccrary, Jevon	02 Churchland T	19.31	18.62	3	
35 Riddick, Jaylon	03 Indian River	17.80	18.79	4	
36 Green, Reginald	01 Track Seriou	17.98	19.06	3	
37 Utley, Khalif	02 East End Fly		20.52	1	
38 Cooke, Xavier	02 Churchland T	20.00	21.00	2	
39 Miller, Nathaniel	04 Churchland T	22.00	21.10	2	
40 White, Anthony	03 Churchland T	23.00	21.68	2	
41 Imhotep, Nazir	03 Norfolk Real	25.99	22.53	2	
42 Harrell, Christian	05 Lions Den Tr	25.00	24.29	2	
43 Kluck, Matthew	04 Suffolk Star	23.68	24.64	2	

Event 79 100 Meter Dash Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Ross, Brayya	00 Technique TC	14.75	14.44	4	10
2 Tucker, Jessica	00 Track-757	14.72	14.75	4	8
3 Blount, Kori-Madisyn	99 N-Motion TC	14.51	14.97	4	6
4 Stith, Brooke	99 Suffolk Star	15.00	14.98	4	5
5 Crocker, Asia	00 Churchland T	15.00	15.09	4	4
6 Bunch, Telina	00 East End Fly	15.68	15.13	3	3
7 Stewart, Tenesha	99 East New Yor	14.40	15.18	4	2
8 Parker, Ariel	99 Suffolk Star	15.55	15.57	3	1
9 Bailey, Michala	00 Track Seriou	16.39	15.68	3	
10 Skinner, Shaila	00 Pathfinders		15.69	2	
11 Haskins, Asiah	99 Track-757	15.00	15.88	4	
12 Hunter, Naya	00 Indian River	16.90	16.17	2	
13 Rountree, Jasmine	99 N-Motion TC	15.33	16.30	3	
14 Brooklynn, Jacobs	00 Pathfinders		16.34	2	
15 Bryant, Aniah	00 East End Fly		16.41	1	
16 Butler, Sadaya	99 Technique TC		16.67	1	
17 Mccrary, Destinee	00 Churchland T	16.19	17.02	3	
18 Exum-Carrington, Jamece	00 Fia Ministri	17.90	17.03	2	

19	Utley, Tiara	00	East End Fly		17.05	2
20	Hinton, Jade	00	Track Seriou	16.51	17.87	3
21	Cooke, Genesis	00	Churchland T	17.00	19.00	2
22	White, Aliyah	00	Norfolk Real		19.22	1
23	Stratton, Bailey	00	Lions Den Tr	20.00	19.59	2

Event 80 100 Meter Dash Bantam Boys

Name	Year	Team	Seed	Finals	H#	Points
1	King, Isaiah	99	Norfolk Real	13.00	13.63	4 10
2	Bailey, Coby	99	Track-757	13.20	13.72	4 8
3	Foreman, Cameron	00	Norfolk Real	14.06	13.78	4 6
4	Davis, Taquan	99	Boys And Gir	13.80	14.28	4 5
5	Butts, Darran	99	Churchland T	14.60	14.34	4 4
6	Harper, William	99	Boys And Gir	14.50	14.41	4 3
7	Rawlings, Kassim	99	Norfolk Real	15.30	14.89	2 2
8	Codrington, Alwin	99	East New Yor	14.20	14.90	4 1
9	Drummond, Keon	99	East End Fly	14.77	14.91	3
10	Parham, Bryson	00	Churchland T	15.25	15.08	2
11	Faircloth, Daiqwan	00	Churchland T	15.06	15.09	3
12	Taylor, Christopher	00	Va Speed Exp	14.00	15.42	4
13	Brown, Maurice	99	Inside Track	15.00	15.44	3
14	Dixon, Casaan	00	Churchland T	15.14	15.58	3
15	Marrero, Nazir	99	Churchland T	16.50	16.01	1
16	Boykins, Isaac	00	Pathfinders	16.40	16.08	2
17	Battle, Isaiah	00	Track-757	16.00	16.10	2
18	Watford-Twiggs, Jaren	99	East End Fly	15.02	16.12	3
19	Eldridge, Tyrell	00	East End Fly	16.19	16.19	2
20	Boyd, Alon	99	Boys And Gir	15.30	16.49	2
21	Dixon, Micah	00	Churchland T	18.00	16.73	1
22	Mclemore, Eric	00	Va Speed Exp	15.00	16.87	3
23	Johnson, Keyshawn	00	East End Fly	15.80	16.92	2
24	Trotter, Nasim	99	Churchland T	18.00	17.02	1
25	Adams, Darian	00	Va Speed Exp		17.13	1
26	Davis, Kevin	99	Central VA T	17.20	17.28	1
27	Parker, Aaron	99	Suffolk Star	16.61	17.33	1
28	Cheeks, Jayvon	00	Pathfinders		17.72	1

Event 81 100 Meter Dash Midget Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Brown, Ianna	97	Track-757	13.23	13.06	5 10
2	Smith, Mykia	97	Norfolk Real	13.00	13.29	5 8
3	Morris, Sidra	97	Central VA T	13.08	13.47	5 6
4	Epps, Keyla	97	Technique TC	13.00	13.49	5 5
5	Robinson, Nyckya	98	Boys And Gir	14.00	13.63	4 4
6	Mitchell, Dashai	98	Boys And Gir	14.80	13.65	3 3
7	Bunch, Ashaila	97	East End Fly	13.68	13.67	5 2
8	Hankins, Diamond	97	Track Seriou	13.60	13.70	5 1
9	Haskins, Alexis	97	Track-757	13.25	13.80	5
10	Hargraves, Rachel	97	Boys And Gir	13.90	14.05	4
11	Hinton, Joyner	98	Track Seriou	14.21	14.22	4
12	Banks, Aleya	98	Churchland T	13.80	14.30	4
13	Broughton, Shayla	98	East New Yor	13.80	14.31	4
14	Elliott, Shade	98	Churchland T	14.59	14.71	4
15	Johnson, Ashley	98	Technique TC	15.00	14.88	3
16	Braithwaite, Ariana	97	Boys And Gir	17.40	14.91	2
17	Patterson, Desiree	97	Suffolk Star	14.87	15.06	3
18	Whitehead, Kellsie	98	Unattached	14.30	15.24	4
18	Simmons, Aliyah	98	Pathfinders		15.24	1
20	Coles, Trezure	98	Technique TC	14.97	15.31	3
21	Wheeler, Kristen	97	Suffolk Star	15.16	15.47	3
22	Stith, Bria	98	Suffolk Star		15.51	1
22	Tisdale, Kayla	98	Central VA T	14.10	15.51	4
24	Jacobs, Ericka	98	Pathfinders		15.71	2
25	Spencer-Holmes, Bailey	98	Pathfinders		15.72	1
26	Fulp, Dasia	98	Churchland T	15.58	15.78	3
27	Cutler, Devanee	97	Churchland T	15.80	15.81	3

28	Goodman, Kourtney	97	Norfolk Real	15.60	16.11	3
29	Rawlings, Makeba	98	Norfolk Real	16.23	16.22	2
30	Clark, Asia	97	Lions Den Tr	16.00	16.42	2
31	Bell, Jasmine	97	Suffolk Star	16.04	17.67	2

Event 82 100 Meter Dash Midget Boys

Name	Year	Team	Seed	Finals	H#	Points
1	Griffin, Tramayne	97	Norfolk Real	12.00	12.34	6 10
2	Whitehead, Kelton	97	Unattached	12.20	12.42	6 8
3	Bivins, Tyson	97	Boys And Gir	12.12	12.46	6 6
4	Capehart, Tahj	98	Norfolk Real	12.00	13.30	6 5
5	Holloway, Grant	97	Track-757	12.50	13.33	6 4
6	Zaryczyny, David	97	Central VA T	13.00	13.61	5 3
7	Landry, Kiere	98	Churchland T	13.47	13.76	5 2
8	Lewis, Tyler	98	East New Yor	13.70	13.78	5 1
9	Stills, Joshua	98	Norfolk Real	13.10	13.90	5
10	Brown, Darrell	97	Technique TC		13.96	1
11	Griffith, Ronaldo	98	East New Yor	13.79	13.98	5
12	Harrison, Brysen	97	Track-757	12.99	13.99	6
13	Jackson, Ronell	97	Inside Track	15.00	14.00	3
13	Coston, Tyler	98	Norfolk Real	12.00	14.00	6
15	Jones, Ivan	97	Churchland T	14.02	14.11	4
16	Campbell, Adrian	98	East End Fly	13.92	14.19	4
17	Smiley, Kenneth	98	Norfolk Real	13.79	14.24	5
18	Mighty, Kemarni	98	East New Yor	14.70	14.26	3
19	Smith, Tyain	98	Track-757	13.80	14.56	4
20	Abdus-Salaam, Zafir	98	Churchland T	15.12	14.67	3
21	Jeffries, Justin	98	East End Fly	15.35	14.79	3
22	Harris, Micaiah	98	Norfolk Real	13.00	14.84	5
23	Morgan, Larry	98	East End Fly	14.45	14.99	4
24	Mitchell, Brandon	98	Unattached		15.03	2
25	Gray, Dovovan	97	Churchland T	14.14	15.05	4
26	Little, Torrence	97	Central VA T	14.20	15.11	4
27	Butts, Malik	98	Track-757	14.00	15.12	4
28	Brown, Christion	98	Va Speed Exp	15.50	15.19	3
29	Conner, Bryon	98	Track Seriou	16.20	15.63	2
30	Kee, Saabir	97	Suffolk Star	15.49	15.68	3
31	Mighty, Dandre	97	East New Yor	15.80	15.72	3
32	Philpot, Terrick	98	Suffolk Star	15.91	15.79	2
33	Trower, Sterling	97	Boys And Gir	17.20	15.91	2
34	Corprew, Kameron	98	Indian River		16.35	1
35	Douglas, Kenneth	97	Norfolk Real		16.37	1
36	Johnson, Sheneir	98	Boys And Gir	16.80	16.64	2
37	Wall, Michael	98	Va Speed Exp		18.84	1

Event 83 100 Meter Dash Youth Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Wilson, April	95	Tri-City Jet	12.60	12.69	5 10
2	Jackson, Deja	95	Track Seriou	13.16	12.92	4 8
3	Blackwell, Cayla	95	Boys And Gir	14.90	13.07	1 6
4	Glenn, Kyra	96	Track Seriou	13.44	13.31	4 5
5	Hunter, Ciarra	96	Central VA T	12.30	13.33	5 4
6	Snipes, Gabrielle	96	Suffolk Star	13.50	13.38	4 3
7	Arrington, Tearra	96	East End Fly	13.38	13.45	4 2
8	Wilkins, Aja	95	Churchland T	13.72	13.49	3 1
9	Miller, Nyah	96	Track Easter	13.10	13.51	5
10	Brown, Carolyn	96	Inside Track	14.00	13.54	2
11	Smith, Sherelle	96	Churchland T	13.90	13.60	3
12	Jones, Mashea	95	Churchland T	13.75	13.65	3
13	Lucas, Cynhia	95	Lpw TC	12.70	13.66	5
14	Harvey, Bria	95	Norfolk Real	14.25	13.72	2
15	Johnson, Nichele	96	East End Fly	14.04	13.86	2
16	Peele, Serena	95	Track-757	13.50	13.90	4
17	White, Brianna	95	Norfolk Real	14.00	14.10	2
18	Marsh, Shanyia	96	Boys And Gir	14.10	14.35	2
19	Artis, Angel	95	Western Bran	13.00	14.37	5

20	Mansion, Mia	96	East End Fly		14.52	1
21	Matute, Alexa	95	Western Bran	13.25	14.53	4
22	Cummings, Tiffani	96	Western Bran	13.20	14.57	4
23	Parks, Kortnie	95	Churchland T	14.52	14.62	1
24	May, Dmya	95	Track Seriou	14.10	14.86	2
25	Epps, Yolanda	95	Lpw TC	13.70	14.90	3
26	Walker, Desiree	96	Norfolk Real	15.03	15.07	1
27	Jordan, Nautica	95	East End Fly	14.97	15.15	1
28	Scott, Jasmine	95	Western Bran	13.12	15.36	4
29	Miele, Jessica	96	Carolina Lig	13.90	15.37	3
30	Lyons, Brayannah	95	Churchland T	14.53	15.94	1
31	Franklin, Jamila	96	Technique TC	14.00	16.31	3

Event 84 100 Meter Dash Youth Boys

Name	Year	Team	Seed	Finals	H#	Points
1	Robinson, Byron	95	Tri-City Jet	11.00	11.64	3 10
2	Hines, Romero	95	Norfolk Real	11.80	11.70	3 8
3	Banks, Darius	95	Boys And Gir		11.88	1 6
4	Stokes, Treyvon	95	East End Fly	13.87	11.95	2 5
5	Singleton, Stephen	95	Total Athlet	12.00	11.96	3 4
6	Johnson, Cardon	95	Boys And Gir		12.02	1 3
7	Miller, Derrick	95	Boys And Gir		12.05	1 2
8	Kanney, Michael	96	Central VA T	11.20	12.24	3 1
9	Miller, Nyheim	96	Track Easter	12.10	12.31	3
10	Jones, Quincy	95	Boys And Gir		12.41	1
11	Edwards, Anthony	95	Central VA T	12.60	12.59	2
12	Pennyfeather, Isaiah	96	Technique TC	12.00	12.73	3
13	Dunkley, Darren	96	Western Bran	12.67	12.79	2
14	Gee, Daquan	95	Churchland T	13.45	13.09	2
15	Phillips, Keonta	95	Churchland T	12.77	13.11	2
16	Simpson, Aaron	95	Western Bran	12.85	13.22	2
17	Summerville, Eugene	96	Western Bran	12.25	13.26	3
18	Arneaud, Trevor	95	Technique TC	13.00	13.32	2
19	Ashberry, Keith	95	Indian River		13.35	1
20	Sessoms, Quamel	96	Churchland T	14.06	13.77	1
21	Freeman, Joshua	95	Fia Ministri	13.70	14.19	2
22	Jones, Avery	96	Boys And Gir	14.90	14.44	1
23	Anthony, Tyshaun	96	Western Bran	12.54	14.61	3

Event 85 100 Meter Dash Intermediate Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Peterson, Christal	93	Technique TC	12.30	12.11	4 10
2	Hankins, Jasmine	93	Track Seriou	12.48	12.54	4 8
3	Ford-Holland, Siobhan	93	Central VA T	11.40	12.55	4 6
4	Ellick, Tiffany	94	Norfolk Real	12.50	12.59	4 5
5	Bivins, Kiana	94	Boys And Gir	13.90	13.13	2 4
6	Hinton, Jalen	93	Track Seriou	13.26	13.16	3 3
7	Culver, Sierra	94	Track Seriou	13.11	13.29	3 1.50
7	Jefferies, Javeisha	94	N-Motion TC	13.29	13.29	3 1.50
9	Perdue, Brooke	93	Unattached	13.55	13.53	2
10	Seward, Justice	94	Track Seriou	12.90	13.54	4
11	Murray, Imani	94	Sonic Boom T	13.20	13.56	3
12	Lindsey, Kayla	94	Track Seriou	13.88	13.69	2
12	Dizon, Eliza	94	Track Seriou	13.70	13.69	2
14	Wyche, Debresha	93	Central VA T	13.08	13.94	3
14	Lewis, Ashton	93	Central VA T	11.40	13.94	4
16	Fortenberry, Chandrel	93	Norfolk Real	13.00	13.98	4
17	Harris, Tova	94	Diamond Trac	13.10	14.06	3
18	Walton, Tina	93	Churchland T	14.50	14.10	2
19	Horne, Trenette	93	Churchland T	14.30	14.19	2
20	Shipp, Meagen	94	Inside Track	13.30	15.10	3

Event 86 100 Meter Dash Intermediate Boys

Name	Year	Team	Seed	Finals	H#	Points
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1 Mitchell, Walt	93 Norfolk Real	10.90	10.77	3	10
2 Coleman, Joel	94 Norfolk Real	10.90	11.10	3	8
3 Keith, Austin	94 Norfolk Real	11.20	11.32	3	6
4 Holloway, Tyler	93 Norfolk Real	11.48	11.47	3	5
5 Philson, Jason	94 Technique TC	11.41	11.65	3	4
6 Edwards, Carlton	94 Central VA T	11.07	11.66	3	3
7 Rogers, Trevon	94 Tri-City Jet	11.60	11.80	2	2
8 Boykins, Joseph	93 Va Speed Exp	11.00	12.04	3	1
9 Daniels, Brehon	94 Track Seriou	12.01	12.05	2	
10 Bates, Jamarian	94 Diamond Trac	11.65	12.07	2	
11 Simms, Stevon	93 Norfolk Real	11.80	12.08	2	
12 Anderson, Daquan	94 Va Speed Exp	11.00	12.10	3	
13 Squires, Jamaree	93 Technique TC	11.80	12.19	2	
14 Boyd, Darrell	94 Western Bran	12.13	12.29	2	
15 Watson, Andre	94 Boys And Gir	12.44	12.37	1	
16 Reid, Blair	94 Norfolk Real		12.43	1	
17 Bly, Roderick	94 N-Motion TC	12.28	12.67	1	
18 Pierce, Clifton	94 N-Motion TC		13.64	1	

Event 87 100 Meter Dash Young Girls

Name	Year Team	Seed	Finals	H#	Points
1 Harris, Tiffany	91 Norfolk Real	12.20	12.39	3	10
2 Bell, Champagne	91 Norfolk Real	12.40	12.54	3	8
3 Lott, Jaime	91 Sonic Boom T	12.50	12.92	2	6
4 Jemmott, Katea	92 Central VA T	11.80	12.96	3	5
5 Smithwick, Shanice	92 Track Seriou	12.96	13.08	2	4
6 Lott, Jaquonna	91 Sonic Boom T	12.60	13.09	2	3
7 Fulgham, Sarah	92 Central VA T	11.90	13.14	3	2
8 Mcmillian-Wins, Asia	92 Central VA T	11.90	13.30	3	1
9 Green, Gabrielle	92 Pathfinders	13.00	13.31	2	
10 Robinson, Ebonii	92 Central VA T	11.80	13.56	3	
11 Ross, Kiera	91 Diamond Trac	13.20	13.89	2	
12 Singleton, Raven	91 Diamond Trac	12.86	13.98	2	
13 Harrison, Tiera	92 Diamond Trac	13.43	14.55	1	
14 Harrison, Tiffany	92 Diamond Trac	13.75	14.78	1	

Event 88 100 Meter Dash Young Boys

Name	Year Team	Seed	Finals	H#	Points
1 Meredith, Douglas	92 Pathfinders	11.30	11.11	3	10
2 Fulgham, Quintin	91 Central VA T	11.30	11.22	3	8
3 Edwards, Dionte	91 Track Seriou	11.01	11.25	3	6
4 Church, Anthony	91 Track Seriou	11.18	11.28	3	5
5 Faulkner, Jamel	91 Pathfinders	12.50	11.40	2	3.50
5 Johnson, Darryl	92 Pathfinders		11.40	1	3.50
7 Robinson, Chapri	92 Track Seriou	11.40	11.50	3	2
8 Thomas, Joshua	92 Churchland T	11.33	11.58	3	1
9 Lay, Robert	91 Central VA T	11.90	11.73	2	
10 Tucker, Devante	92 Sonic Boom T	11.20	11.75	3	
11 Tyler, Trae	92 Sonic Boom T	11.90	11.79	2	
12 Stewart, James	91 Speed City C	11.50	11.92	2	
13 Artis, Donte	92 Inside Track	11.70	11.93	2	
14 Harrisii, Eric	91 Inside Track	12.00	11.97	2	
15 Butler, Julian	92 Sonic Boom T	11.89	12.21	2	
16 Rice, Winford	92 Suffolk Star		12.38	1	
17 Chambliss, Mark	91 Diamond Trac	12.05	12.40	2	
18 James, Prince	92 East End Fly		12.72	1	

Event 90 100 Meter Dash Open Men

Name	Year Team	Seed	Finals
1 Woods, Marlon	89 Norfolk Real	10.70	10.85
2 Williams, Eric	90 Unattached	10.78	11.01
3 Speller, Thomas	76 Norfolk Real	10.70	11.02
4 Blyden, Flavel	84 Unattached	10.80	11.06
5 Kelley, Stephen	90 Tri-City Jet	10.50	11.41

6 Daniels, Jamaal 89 Unattached 11.20 11.63

Event 91 4x800 Meter Relay Midget Women

Team	Seed	Finals	Points
1 Boys And Girls Club Of The Vir 'A'	11:34.00	12:06.34	10
1) Gary, Teisha 97			
2) Hargraves, Rachel 97			
3) Mitchell, Dashai 98			
4) Robinson, Nyckya 98			

Event 92 4x800 Meter Relay Midget Men

Team	Seed	Finals	Points
1 Boys And Girls Club Of The Vir 'A'	10:13.00	10:16.93	10
1) Bivins, Tyson 97			
2) Pendleton, Tony 98			
3) Sudderth, Frank 97			
4) Thomas, Devon 97			

Event 93 4x800 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'	11:28.12	11:23.78	10
1) Brooks, Talesha 96			
2) Clark, Niya 96			
3) Goodman, Kirsten 96			
4) Hill, Danielle 96			

Event 94 4x800 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'	9:17.18	9:31.26	10
1) Davis, Stanley 96			
2) Guerrier, Davon 95			
3) Guerrier, Javon 95			
4) Little, Juan 96			
2 Boys And Girls Club Of The Vir 'B'	10:43.00	10:42.37	8
1) Banks, Darius 95			
2) Johnson, Cardon 95			
3) Jones, Quincy 95			
4) Miller, Derrick 95			
3 Boys And Girls Club Of The Vir 'A'	10:13.00	10:49.58	6
1) Carter, Auquill 96			
2) Hairston, Nicholas 95			
3) Jones, Avery 96			
4) Murry, Jonathan 96			

Event 96 4x800 Meter Relay Intermediate Boys

Team	Seed	Finals	Points
1 Speed City Chargers 'A'	8:30.00	8:58.83	10
1) Cobbs, Justin 94			
2) Palmer, Dekristopher 93			
3) Thomas, Shawn 93			
4) Williams, Erwin 93			
2 Track-757 'A'	8:49.00	9:05.29	8
1) Graham, Tavon 93			
2) Inman, Zachary 93			
3) Miller, Darnnell 93			
4) Ringo, Evan 94			

Event 99 200 Meter Hurdles Youth Girls

Name	Year Team	Seed	Finals	Points
1 Miller, Nyah	96 Track Easter	29.00	30.75	10
2 Stratton, Taylor	95 Lions Den Tr	34.00	35.98	8
3 Cleveland, Ashleigh	96 Carolina Lig	35.93	37.37	6

Event 100 200 Meter Hurdles Youth Boys

Name	Year Team	Seed	Finals	H#	Points
1 Miller, Nyheim	96 Track Easter	27.10	27.90	2	10
2 Tennessee, Ronald	96 Track-757		31.25	1	8
3 Demiel, Deonte	96 Suffolk Star	31.60	31.54	2	6
4 Lawrence, Justin	96 Norfolk Real		31.74	1	5
5 Bogac, Jonathan	96 Carolina Lig	34.08	34.69	2	4
6 Brown, Rashaad	95 Norfolk Real		34.85	1	3
7 Rountree, Gregory	96 Suffolk Star	33.00	35.89	2	2

Event 101 400 Meter Hurdles Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Harper, Amani	93 Norfolk Real	1:05.00	1:08.08	10
2 Cleveland, Rachelle	93 Carolina Lig	1:20.00	1:16.41	8
3 Washington, Aleshia	93 Track Seriou	1:14.00	1:22.52	6
4 Temple, Kelsey	93 Carolina Lig	1:25.00	1:23.35	4.50
4 Murray, Imani	94 Sonic Boom T	1:10.00	1:23.35	4.50

Event 102 400 Meter Hurdles Young Girls

Name	Year Team	Seed	Finals	Points
1 Rolax, Candace	92 Track Seriou	1:07.03	1:07.79	10
2 Govans, Tyeshia	91 Diamond Trac	1:07.00	1:11.29	8
3 Singleton, Raven	91 Diamond Trac	1:11.00	1:14.29	6
4 Mebane, Courtney	91 Lions Den Tr	1:20.00	1:15.18	5
5 Bailey, Eloria	92 Diamond Trac	1:14.00	1:25.15	4
6 Metzger, Beth	92 Carolina Lig	1:25.00	1:30.70	3

Event 103 400 Meter Hurdles Intermediate Boys

Name	Year Team	Seed	Finals	Points
1 Bigby, Jamar	93 Churchland T		59.77	10
2 Baugh, Brandon	94 Diamond Trac	1:05.00	1:06.05	8
3 Charles, Denis	94 Lions Den Tr	1:05.00	1:09.72	6

Event 104 400 Meter Hurdles Young Boys

Name	Year Team	Seed	Finals	Points
1 Mcfadden, Daniel	92 Norfolk Real	59.00	59.66	10
2 Dorrel, Romane	92 Central VA T	58.20	59.74	8
3 Long, Khyiem	91 Western Bran		1:01.74	6
4 Moore, Deon	91 Technique TC	59.00	1:03.51	5

Event 105 1500 Meter Run BAN/MG/YTH Girls

Name	Year Team	Seed	Finals
1 Gary, Ieisha	97 Boys And Gir		5:47.79
2 Goodman, Kirsten	96 Norfolk Real		5:58.01
3 Phiefer, Alexia	00 Speed City C		5:58.67
4 Girona, Alexis	96 East End Fly		6:14.95
5 Smith, Shanyn	98 Churchland T		8:14.67

Event 109 1500 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Phiefer, Alexia	00 Speed City C	6:00.00	5:58.67	10

Event 110 1500 Meter Run Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Branch, Jamontre	00 Va Speed Exp		5:59.66	10
2 Stutz, Aaron	99 N-Motion TC	6:43.34	6:31.40	8
3 Derwent, Tate	99 Lions Den Tr	7:55.00	6:56.38	6
4 Gifford, Isaiah	99 Lions Den Tr	7:55.00	6:56.70	5

Event 111 1500 Meter Run Midget Girls

Name	Year Team	Seed	Finals	Points
1 Gary, Ieisha	97 Boys And Gir	5:30.00	5:47.79	10
2 Smith, Shanyn	98 Churchland T		8:14.67	8

Event 112 1500 Meter Run Midget Boys

Name	Year Team	Seed	Finals	Points
1 Joyner, Tyus	97 Norfolk Real	4:54.43	5:06.76	10
2 Mcnatt, Kalen	98 Norfolk Real	5:11.71	5:20.31	8
3 Davis, Kevin	97 Norfolk Real	5:23.26	5:39.96	6
4 Sudderth, Frank	97 Boys And Gir	5:20.00	5:52.78	5
5 Stackfield, Nickolas	98 Technique TC		5:58.21	4
6 Thomas, Devon	97 Boys And Gir	5:20.00	5:59.20	3
7 Chalk, Dennis	97 Carolina Lig	6:03.44	6:01.22	2

Event 113 1500 Meter Run Youth Girls

Name	Year Team	Seed	Finals	Points
1 Goodman, Kirsten	96 Norfolk Real	5:32.79	5:58.01	10
2 Girona, Alexis	96 East End Fly		6:14.95	8

Event 114 1500 Meter Run Youth Boys

Name	Year Team	Seed	Finals	Points
1 Guerrier, Javon	95 Norfolk Real	4:37.23	4:42.13	10
2 Granger, Andrew	95 Pathfinders	5:20.00	5:00.90	8
3 Mccartney, Robert	95 Speed City C	5:00.00	5:01.41	6
4 Little, Juan	96 Norfolk Real	4:57.90	5:02.22	5
5 Murry, Jonathan	96 Boys And Gir		5:18.85	4

Event 115 1500 Meter Run Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Simmons, Christian	93 Sonic Boom T	5:24.00	6:03.28	10
2 Davis, Leighanne	94 Carolina Lig	5:56.93	6:21.89	8

Event 116 1500 Meter Run Intermediate Boys

Name	Year Team	Seed	Finals	Points
1 Ringo, Evan	94 Track-757	4:20.00	4:37.70	10
2 Thomas, Shawn	93 Speed City C	4:50.00	4:44.70	8
3 Shank, Joseph	93 Lions Den Tr	4:41.00	4:45.87	6
4 Brown, Anthony	94 Carolina Lig	4:41.14	5:05.91	5
5 Palmer, Dekristopher	93 Speed City C	4:54.00	5:11.85	4
6 Williams, Mattew	93 Pathfinders	6:00.00	6:08.79	3

Event 117 1500 Meter Run Young Girls

Name	Year Team	Seed	Finals	Points
1 Robinson, Cydney	92 Norfolk Real		5:15.78	10
2 Stewart, Ashley	92 Tri-City Jet	5:25.00	5:50.35	8

Event 118 1500 Meter Run Young Boys

Name	Year Team	Seed	Finals	Points
1 Burton, Orlando	91 Speed City C	4:13.00	4:23.57	10
2 Sawyer, Richard	91 Norfolk Real		4:41.68	8
3 Bollero, Kiel	92 Carolina Lig	4:41.39	4:50.45	6
4 Rinehardt, Marcus	92 Lions Den Tr	5:00.00	4:56.39	5
5 Polomo, Asher	92 Speed City C	4:46.00	5:08.19	4
6 Girona, Miguel	92 East End Fly		5:11.88	3

Event 120 1500 Meter Run Open Men

Name	Year Team	Seed	Finals
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1 Perdue, Randy

64 Unattached

5:22.21

Event 121 4x100 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	Points
1 Churchland Trailblazers 'A'	1:05.00	1:05.86	10
1) Banks, Alexis 01	2) Hinton, Ahzyah 02		
3) Porter, Maquazha 01	4) Scott-Mckoy, Trebreh 01		
2 Boys And Girls Club Of The Vir 'A'	1:05.00	1:15.60	8
1) Harper, Sommer 01	2) Johnson, Carleah 01		
3) Laguerre, Zyvana 01	4) Newton, Antwanette 01		

Event 122 4x100 Meter Relay Sub-Bantam Boys

Team	Seed	Finals	Points
1 Boys And Girls Club Of The Vir 'A'	1:00.00	1:04.12	10
1) Blizzard, Trovel 01	2) Jones, Brandon 01		
3) Murry, Michael 01	4) Simmons, Keyshaun 01		
2 Churchland Trailblazers 'A'	1:04.00	1:06.72	8
1) Dubois, Christian 01	2) Hinton, Jalen 01		
3) Midgett, Keyandre 02	4) Midgett, Keyonte 01		
3 Va Speed Express 'A'	1:00.00	1:07.27	6
1) Ferguson, Duron 01	2) Parker, Isaiah 01		
3) Peters, Alyjha 02	4) Walker-Harris, Tysin 01		
4 Track-757 'A'	1:10.00	1:07.79	5
1) Henkins, Isaiah 01	2) Nixon, Jacob 01		
3) Washington, Maliek 02	4) Wolfrey, Deshawn 02		
5 Technique TC 'A'	1:00.00	1:11.92	4
1) Anderson, Noah 01	2) Battle, Daequan 01		
3) Cole, Gabriel 02	4) Jenrette, Jalen 01		
6 Churchland Trailblazers 'B'	1:12.00	1:12.60	3
1) Butts, Danarre 01	2) Coston, Teion 02		
3) Cutler, Marcus 02	4) Mccrary, Jevon 02		

Event 123 4x100 Meter Relay Bantam Girls

Team	Seed	Finals	Points
1 Churchland Trailblazers 'A'	1:04.29	1:04.48	10
1) Cooke, Genesis 00	2) Crocker, Asia 00		
3) Foster, Karah 99	4) Mccrary, Destinee 00		

Event 124 4x100 Meter Relay Bantam Boys

Team	Seed	Finals	Points
1 Churchland Trailblazers 'A'	58.00	57.78	10
1) Blackley, Jahkwan 99	2) Dixon, Casaan 00		
3) Purvy, Blanton 00	4) Wilson, Dallas 00		
2 Boys And Girls Club Of The Vir 'A'	57.30	59.21	8
1) Boyd, Alon 99	2) Davis, Taquan 99		
3) Harper, William 99	4) Moore, Gregory 99		
3 Va Speed Express 'A'	59.00	1:01.45	6
1) Branch, Jamontre 00	2) Carter, Jasper 00		
3) Jones, Timon 00	4) Taylor, Christopher 00		
4 Churchland Trailblazers 'B'	1:03.00	1:05.54	5
1) Butts, Darran 99	2) Faircloth, Daiqwan 00		
3) Marrero, Nazir 99	4) Parham, Bryson 00		

Event 125 4x100 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 Track-757 'A'	51.00	52.37	10
1) Brown, Ianna 97	2) Hawkes, Aviance 98		
3) Skinner, Shay 97	4) Wilson, Taylor 97		
2 Technique TC 'A'	52.00	52.45	8
1) Epps, Keyla 97	2) Greenlee, Ashley 97		

3) Philson, Jada 97	4) Washington, Twanika 97			
3 Suffolk Stars Track And Field 'A'	53.00	1:01.34	6	
1) Ballinger, Tameira 97	2) Gilchrist, Mikayla 98			
3) Patterson, Desiree 97	4) Rountree, Kiera 98			
4 Churchland Trailblazers 'B'	1:00.00	1:01.88	5	
1) Brown, Kayla 97	2) Ferebee, Laneaa 98			
3) Shepard, Brianna 97	4) Wesby, Shyrane 98			
-- Churchland Trailblazers 'A'	57.56	DQ	Zone 3	
1) Banks, Aleya 98	2) Elliott, Shade 98			
3) Hinton, Zykeara 98	4) Stukes, Brittany 97			

Event 126 4x100 Meter Relay Midget Boys

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'	52.56	52.93	10
1) Capehart, Tahj 98	2) Coston, Tyler 98		
3) Griffin, Tramayne 97	4) Stills, Joshua 98		
2 Track-757 'A'	53.00	54.13	8
1) Carrothers, Eziekiel 97	2) Harrison, Brysen 97		
3) Smith, Tyain 98	4) Ward, Khamahri 97		
3 Technique TC 'A'	53.00	54.36	6
1) Brown, Darrell 97	2) Hicks, Kentuan 98		
3) Hines, Ira 98	4) Robinson, William 98		
4 Churchland Trailblazers 'A'	52.97	55.84	5
1) Dixon, Kyree 97	2) Jenkins, Preston 97		
3) Jones, Ivan 97	4) Landry, Kiere 98		

Event 127 4x100 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 East End Flyers TC 'A'	51.82	52.42	10
1) Arrington, Tearra 96	2) Johnson, Nichele 96		
3) Parks, Milan 96	4) Wesson, Talia 96		
2 Churchland Trailblazers 'A'	53.52	53.06	8
1) Jones, Mashea 95	2) Marshall, Raniqua 95		
3) Smith, Sherelle 96	4) Wilkins, Aja 95		
3 Track Serious TC 'A'	51.00	53.36	6
1) Armstrong, Bailee 96	2) Bryant, Twanja 95		
3) Deberry, Leah 96	4) Glenn, Kyra 96		
4 Track-757 'A'	51.00	53.87	5
1) Peele, Serena 95	2) Smith, Sade 95		
3) Torrain, Maya 96	4) Weaver, Taylor 96		
5 Western Branch TC 'A'	55.10	56.98	4
1) Artis, Angel 95	2) Cummings, Tiffani 96		
3) Matute, Alexa 95	4) Scott, Jasmine 95		

Event 128 4x100 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 Boys And Girls Club Of The Vir 'A'	45.10	47.01	10
1) Banks, Darius 95	2) Johnson, Cardon 95		
3) Jones, Quincy 95	4) Miller, Derrick 95		
2 Churchland Trailblazers 'A'	49.00	50.27	8
1) Blackley, Joeell 96	2) Neeley-Williams, Walter 96		
3) Phillips, Keonta 95	4) Sessoms, Quamel 96		

Event 129 4x100 Meter Relay Intermediate Girls

Team	Seed	Finals	Points
1 Track Serious TC 'A'	48.96	48.69	10
1) Culver, Sierra 94	2) Ewing, Jessica 93		
3) Hankins, Jasmine 93	4) Washington, Aleshia 93		
2 Track Serious TC 'B'	52.83	51.10	8
1) Daniels, Brehanna 94	2) Dizon, Eliza 94		
3) Hinton, Jalen 93	4) Lindsey, Kayla 94		
3 Central VA Track Field Club 'A'	45.00	51.35	6

1) Carney, Taira 94	2) Ford-Holland, Siobhan 93			
3) Harris, Angela 93	4) Sharp, Olivia 93			
4 Boys And Girls Club Of The Vir 'A'	52.00	52.01	5	
1) Bivins, Kiana 94	2) Caldwell, Brandi 94			
3) Caldwell, Shakieyah 94	4) Tucker, Shayron 94			

Event 130 4x100 Meter Relay Intermediate Boys

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'	43.00	43.23	10
1) Coleman, Joel 94	2) Holloway, Tyler 93		
3) Keith, Austin 94	4) Mitchell, Walt 93		
2 Track-757 'A'	43.00	44.68	8
1) Lofton, Jaquon 93	2) Miller, Darnnell 93		
3) Reid, Malcolm 93	4) Scott, Erik 93		
3 Central VA Track Field Club 'A'	45.00	45.46	6
1) Brady, Riley 93	2) Edwards, Carlton 94		
3) Kinslow, Ajani 93	4) Moore, Julius 94		
4 Track-757 'B'	45.00	47.14	5
1) Ayot, Juquan 93	2) Coleman, Shavon 93		
3) Graham, Tavon 93	4) Hurd, Anthony 93		

Event 131 4x100 Meter Relay Young Girls

Team	Seed	Finals	Points
1 Track Serious TC 'A'	48.58	48.41	10
1) Butler, Emily 91	2) Owens, Derica 91		
3) Rolax, Candace 92	4) Smithwick, Shanice 92		
2 Sonic Boom TC Of Frbg 'A'	48.80	48.63	8
1) Wright, Melonie 90	2) Staton, Whitney 91		
3) Lott, Jaquonna 91	4) Lott, Jaime 91		
3 Central VA Track Field Club 'A'	45.00	49.36	6
1) Adkins, Channele 91	2) Fulgham, Sarah 92		
3) Mcwilliams, Briana 92	4)		

Event 132 4x100 Meter Relay Young Boys

Team	Seed	Finals	Points
1 Pathfinders TC 'A'		44.74	10
1) Faulkner, Jamel 91	2) Johnson, Darryl 92		
3) Meredith, Douglas 92	4) Robertson, Marcus 91		

Event 135 400 Meter Run Sub-Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Rountree, Alexis	02 Suffolk Star	1:26.00	1:28.00	2	10
2 Gaston, Imani	01 East End Fly	1:24.00	1:28.87	2	8
3 Mercer, Asya	02 Track-757	1:23.00	1:30.51	2	6
4 Brabson, Erin	03 N-Motion TC		1:42.53	1	5

Event 136 400 Meter Run Sub-Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Cole, Gabriel	02 Technique TC	1:14.00	1:15.12	3	10
2 Murry, Michael	01 Boys And Gir	1:12.00	1:15.17	3	8
3 Smith, Devin	01 Churchland T	1:20.00	1:18.19	3	6
4 Gray, Dasaun	02 Churchland T	1:22.00	1:21.83	2	5
5 Rawlings, Ashmar	01 Norfolk Real	1:18.00	1:23.75	3	4
6 Simmons, Keyshaun	01 Boys And Gir	1:19.00	1:24.77	3	3
7 Harris, Jhalen	01 Norfolk Real		1:25.19	1	2
8 Blizzard, Trovel	01 Boys And Gir	1:24.90	1:25.67	2	1
9 Rawlings, Damar	01 Norfolk Real	1:20.00	1:26.55	2	
10 Pruitt, Joshua	01 East End Fly	1:21.00	1:26.70	2	
11 Mighty, Keanjour	02 East New Yor	1:15.00	1:30.91	3	
12 Hinton, Willie	01 Pathfinders	1:30.00	1:31.22	2	

13 Cade, Austin	01	Technique TC		1:32.45	1
14 Meese, Michael	01	Team Flash	1:21.00	1:32.94	2
15 Jones, Brandon	01	Boys And Gir	1:27.00	1:35.07	2
16 Williams, Jordan	01	Technique TC		1:36.88	1
17 Jones, Elijah	01	Churchland T	1:31.00	1:38.41	2
18 Miller, Nathaniel	04	Churchland T	1:59.00	1:45.89	1
19 White, Anthony	03	Churchland T	1:59.00	1:48.33	1
20 Cooke, Xavier	02	Churchland T	1:59.00	1:52.33	1
21 Kluck, Matthew	04	Suffolk Star		2:00.64	1

Event 137 400 Meter Dash Bantam Girls

Name	Year	Team	Seed	Finals	H#	Points
1 Burrell, Mariah	99	Technique TC	1:09.00	1:09.60	3	10
2 Ross, Brayya	00	Technique TC	1:09.00	1:10.23	3	8
3 Cobbin, Tatyana	99	Norfolk Real	1:10.00	1:13.19	3	6
4 Blount, Kori-Madisyn	99	N-Motion TC	1:12.83	1:13.24	3	5
5 Minor, Kenya	00	Norfolk Real	1:24.18	1:15.85	2	4
6 Foster, Karah	99	Churchland T	1:15.00	1:16.34	3	3
7 Smith, Temani	00	Speed City C	1:17.00	1:18.06	2	2
8 Pope, Tanya	00	Technique TC	1:16.00	1:19.27	3	1
9 Parker, Ariel	99	Suffolk Star	1:13.94	1:20.24	3	
10 Harper, Briana	00	Technique TC		1:21.39	1	
11 Wallace, Raejean	99	N-Motion TC	1:18.87	1:22.20	2	
12 Williams, Lamani	99	Indian River	1:25.00	1:23.28	2	
13 Utley, Tiara	00	East End Fly		1:27.29	1	
14 Anderson, Ahmore	99	N-Motion TC	1:29.73	1:36.53	2	
15 Bryant, Aniah	00	East End Fly		1:50.62	1	

Event 138 400 Meter Dash Bantam Boys

Name	Year	Team	Seed	Finals	H#	Points
1 Purvy, Blanton	00	Churchland T	1:09.00	1:10.54	2	10
2 Foreman, Cameron	00	Norfolk Real	1:08.23	1:10.93	2	8
3 Blackley, Jahkwan	99	Churchland T	1:05.00	1:11.77	2	6
4 Davis, Taquan	99	Boys And Gir	1:08.00	1:11.78	2	5
5 Drummond, Keon	99	East End Fly	1:15.00	1:16.19	1	4
6 Brown, Maurice	99	Inside Track	1:15.00	1:16.22	1	3
7 Goodson, Arlen	00	Technique TC		1:25.17	1	2
8 Thurogood, Tyler	00	Norfolk Real	1:10.00	1:29.78	2	1
9 Harper, William	99	Boys And Gir	1:12.00	1:30.95	1	
10 Smith, Javon	00	Churchland T	1:16.00	1:31.00	1	
11 Kluck, Jeremy	99	Suffolk Star		1:46.81	1	

Event 139 400 Meter Dash Midget Girls

Name	Year	Team	Seed	Finals	H#	Points
1 Wilson, Taylor	97	Track-757	59.00	1:02.23	4	10
2 Haskins, Alexis	97	Track-757	1:03.00	1:03.05	4	8
3 Coleman, Sydney	97	Norfolk Real	1:04.10	1:03.39	4	6
4 Greenlee, Ashley	97	Technique TC	59.99	1:04.62	4	5
5 Lee, Dayana	98	Norfolk Real	1:05.00	1:05.73	3	4
6 Keith, Asia	98	Norfolk Real	1:05.25	1:06.55	3	3
7 Hinton, Zykeara	98	Churchland T	1:10.23	1:08.03	3	2
8 Lee, Tyshiana	98	Norfolk Real	1:05.00	1:08.36	3	1
9 Robinson, Nyckya	98	Boys And Gir	1:12.00	1:08.51	2	
10 Dillard, Tierra	98	Speed City C	1:09.00	1:10.07	3	
11 Mitchell, Dashai	98	Boys And Gir	1:18.00	1:10.53	1	
12 Leonard, Jaelan	98	Norfolk Real	1:04.00	1:11.76	4	
13 Johnson, Ashley	98	Technique TC	1:11.00	1:11.86	2	
14 Adkins, Erica	98	Norfolk Real	1:13.00	1:11.95	2	
15 Goodman, Kourtney	97	Norfolk Real	1:12.66	1:12.00	2	
16 Buster, Jasmin	98	Norfolk Real	1:11.00	1:12.02	3	
17 Ellison, Chadaja	98	Central VA T	1:15.00	1:12.23	1	
18 Simmons, Aliyah	98	Pathfinders		1:13.56	1	
19 Coles, Trezure	98	Technique TC	1:12.00	1:14.42	2	
20 Saunders, Maya	98	Unattached		1:15.50	1	

21	Morris, Sidra	97	Central VA T	1:05.00	1:16.30	4
22	Braithwaite, Ariana	97	Boys And Gir	1:23.00	1:16.55	1
23	Spencer-Holmes, Bailey	98	Pathfinders		1:21.19	1
24	Ballinger, Tameira	97	Suffolk Star	1:13.65	1:29.16	2

Event 140 400 Meter Dash Midget Boys

Name	Year	Team	Seed	Finals	H#	Points
1	Bivins, Tyson	97	Boys And Gir	57.80	1:00.45	4 10
2	Zaryczny, David	97	Central VA T	1:01.00	1:03.82	4 8
3	Hicks, Kentuan	98	Technique TC	59.00	1:03.99	4 6
4	Jenkins, Preston	97	Churchland T	59.08	1:05.37	4 5
5	Lewis, Tyler	98	East New Yor	1:05.80	1:07.18	4 4
6	Hunter, Devon	97	Indian River	1:05.32	1:07.30	4 3
7	Jefferson, Anthony	97	Norfolk Real	1:07.95	1:08.74	3 2
8	Sessoms, Tavon	98	N-Motion TC	1:08.65	1:09.00	3 1
9	Fulp, Taron	97	Churchland T	1:05.07	1:09.28	4
10	Stokley, Jordan	97	Suffolk Star	1:05.60	1:09.81	4
11	Morgan, Larry	98	East End Fly	1:11.87	1:10.13	2
12	Jones, Tarin	98	East End Fly	1:09.00	1:10.27	3
13	Gray, Dovovan	97	Churchland T	1:07.05	1:11.10	3
14	Mitchell, Brandon	98	Unattached		1:11.28	1
15	Bryant, Elijah	98	East End Fly	1:10.00	1:12.07	2
16	Suggs, Kevin	97	Churchland T	1:12.00	1:13.61	2
17	Andrews, Louis	98	Churchland T	1:09.00	1:13.64	3
18	Harris, Micaiah	98	Norfolk Real	1:09.00	1:14.64	3
18	Harris, Tre	97	Central VA T	1:13.00	1:14.64	1
20	Johnson, Marcus	98	Track-757	1:09.00	1:14.90	3
21	Wiggins, Lonnell	98	Churchland T	1:09.80	1:15.42	2
22	Jackson, Ronell	97	Inside Track	1:12.00	1:15.84	1
23	Trower, Sterling	97	Boys And Gir	1:19.00	1:17.64	1
24	Bailey, Tyrone	98	Churchland T	1:15.00	1:21.76	1
25	Stallings, Dontae	98	Churchland T	1:15.00	1:21.95	1
26	Johnson, Sheneir	98	Boys And Gir	1:19.00	1:22.35	1

Event 141 400 Meter Dash Youth Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Wilson, April	95	Tri-City Jet	58.00	59.12	3 10
2	Wright, Chelsea	95	Norfolk Real	1:02.86	1:03.15	3 8
3	Marshall, Raniqua	95	Churchland T	1:06.36	1:03.45	2 6
4	Brown, Deja	96	Norfolk Real	1:06.29	1:05.05	2 5
5	Hill, Danielle	96	Norfolk Real	1:05.00	1:05.39	2 4
6	Deberry, Leah	96	Track Seriou	1:03.80	1:05.60	3 3
7	Hatton, Kanitra	95	Churchland T	1:06.35	1:05.69	2 2
8	Wedlock, Penchell	96	Norfolk Real	1:06.12	1:05.94	2 1
9	Brown, Carolyn	96	Inside Track	1:05.00	1:06.10	2
10	Smith, Sherelle	96	Churchland T	1:03.28	1:06.74	3
11	Lecadre, Todja	96	East End Fly	1:07.00	1:08.45	2
12	May, Dmya	95	Track Seriou	1:07.00	1:10.41	2
13	Blackwell, Cayla	95	Boys And Gir	1:25.00	1:11.23	1
14	Marsh, Shanyia	96	Boys And Gir	1:12.00	1:13.47	1
15	Curry, Dayzja	96	Technique TC	1:10.00	1:15.89	1
16	Walker, Desiree	96	Norfolk Real	1:18.00	1:18.62	1
17	Miele, Jessica	96	Carolina Lig	1:16.69	1:20.43	1

Event 142 400 Meter Dash Youth Boys

Name	Year	Team	Seed	Finals	H#	Points
1	Robinson, Byron	95	Tri-City Jet	50.90	54.91	3 10
2	Singleton, Stephen	95	Total Athlet	55.00	56.82	3 8
3	Granger, Andrew	95	Pathfinders	57.00	57.11	3 6
4	Kanney, Michael	96	Central VA T	53.10	57.54	3 5
5	Demiel, Deonte	96	Suffolk Star	58.60	57.78	3 4
6	Pennyfeather, Isaiah	96	Technique TC	59.00	58.57	2 3
7	Blackley, Joeell	96	Churchland T	1:01.65	1:01.28	2 2
8	Morelan, Jericho	95	Norfolk Real		1:02.35	1 1

9	Morrison, David	95	Unattached	59.00	1:06.63	3
10	Freeman, Joshua	95	Fia Ministri	1:05.00	1:07.95	2
11	Robinson, Bryceton	95	Norfolk Real	1:03.00	1:08.05	2
12	Chandler, Nathaniel	95	Norfolk Real	1:07.00	1:10.50	2

Event 143 400 Meter Dash Intermediate Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Williams, Monica	93	Track Seriou	57.01	1:00.32	3 10
2	Ewing, Jessica	93	Track Seriou	58.30	1:01.23	3 8
3	Ellick, Tiffany	94	Norfolk Real		1:01.57	1 6
4	Moore, Maya	94	Technique TC	57.00	1:02.28	3 5
5	Edwards, Jasmine	93	Central VA T	1:04.00	1:05.78	3 4
6	Bivins, Kiana	94	Boys And Gir	1:12.00	1:05.84	2 3
7	Gilliam, Justina	93	Inside Track	1:05.00	1:05.97	2 2
8	Wyche, Debresha	93	Central VA T	1:16.00	1:06.03	1 1
9	Hinton, Jalen	93	Track Seriou	1:03.00	1:07.69	3
10	Jefferies, Javeisha	94	N-Motion TC	1:03.77	1:08.96	3
11	Uzzle, Michaela	94	Track Seriou	1:06.00	1:09.24	2
12	Peele, Anastasia	93	Fia Ministri	1:04.35	1:09.51	3
13	Dizon, Eliza	94	Track Seriou	1:09.00	1:10.71	2
14	Tucker, Shayron	94	Boys And Gir	1:15.00	1:11.99	2
15	Lindsey, Kayla	94	Track Seriou	1:09.00	1:17.84	2
16	Bowman, Brittney	93	Norfolk Real		1:23.88	1

Event 144 400 Meter Dash Intermediate Boys

Name	Year	Team	Seed	Finals	H#	Points
1	Burke, Justin	93	Norfolk Real	49.00	50.79	4 10
2	Miller, Darnnell	93	Track-757	51.00	52.35	4 8
3	Gray, Roderque	93	Sonic Boom T	53.50	52.70	3 6
4	Booker, Devon	94	Churchland T	52.91	52.72	3 5
5	Lofton, Jaquon	93	Track-757	52.00	52.91	3 4
6	Kinslow, Ajani	93	Central VA T	57.00	52.99	2 3
7	Hill, Joseph	93	Norfolk Real	51.50	53.02	4 2
8	Robertson, Marquis	93	Norfolk Real	50.00	53.38	4 1
9	Scott, Erik	93	Track-757	51.00	53.43	4
10	Williams, Erwin	93	Speed City C	53.00	54.91	3
11	Brady, Riley	93	Central VA T	53.00	55.20	3
12	Hurd, Anthony	93	Track-757	55.00	55.38	2
13	Simms, Stevon	93	Norfolk Real	55.00	56.52	2
14	Anderson, Daquan	94	Va Speed Exp	55.00	56.64	2
15	Garner, Demetrius	93	Sonic Boom T	54.10	56.94	3
16	Cobbs, Justin	94	Speed City C	57.00	57.73	1
17	Watson, Andre	94	Boys And Gir	58.80	57.77	1
18	Baylor, Joshua	94	Tri-City Jet	51.00	58.24	4
19	Jones, Corey	94	Western Bran	55.20	58.27	2
19	Woodley, Devin	93	Central VA T	50.60	58.27	4
21	Boykins, Joseph	93	Va Speed Exp	52.00	58.59	3
22	Dixon, Aaron	93	Churchland T	1:03.21	1:00.82	1
23	Williams, Matthew	93	Pathfinders	58.00	1:01.26	1
24	Bly, Roderick	94	N-Motion TC	1:00.17	1:04.54	1

Event 145 400 Meter Dash Young Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Tyson, Keilah	92	Norfolk Real	58.00	58.49	2 10
2	Alston, Brittany	91	Inside Track	1:03.00	59.93	2 8
3	Banks, Ivory	92	Central VA T	1:01.00	1:01.32	2 6
4	Green, Gabrielle	92	Pathfinders	59.00	1:02.65	2 5
5	Smith, Melina	92	Churchland T	1:06.32	1:04.60	2 4
6	McWilliams, Briana	92	Central VA T	1:04.00	1:06.54	2 3
7	Cannon, Imani	92	Suffolk Star		1:06.74	1 2
8	Farmer, Kendra	92	Speed City C		1:09.13	1 1
9	Gaston, Alicia	92	East End Fly	1:08.00	1:10.15	1
10	Taylor, Whitney	91	Central VA T	1:00.00	1:10.89	2
11	Harrison, Tiera	92	Diamond Trac	1:08.00	1:16.05	1

Event 146 400 Meter Dash Young Boys

Name	Year Team	Seed	Finals	H#	Points
1 Smith, Kenny	91 Speed City C	48.00	49.55	3	10
2 Thornton, Raymond	91 Norfolk Real	49.00	49.98	3	8
3 Warwick, Tehquin	92 Norfolk Real		50.53	1	6
4 Wilson, Deshawn	91 Norfolk Real	50.00	50.66	3	5
5 Teller, Dante	91 Track-757	49.01	51.47	3	4
6 Walker, Ben	92 Speed City C	50.00	51.48	3	3
7 Robertson, Marcus	91 Pathfinders	53.00	52.25	2	2
8 Church, Anthony	91 Track Seriou	51.60	52.42	2	1
9 Marsh, Damion	92 Speed City C	50.00	52.80	3	
10 Artis, Donte	92 Inside Track	53.00	52.89	2	
10 Fentress, Jevone	92 Track Seriou	52.60	52.89	2	
12 Dorrel, Romane	92 Central VA T	52.00	52.91	2	
13 Morgan, Travis	92 Sonic Boom T	51.50	52.96	2	
14 Coleman, Raymond	91 Diamond Trac	53.64	57.57	2	
15 Ouden, Matthew	91 Sonic Boom T	53.75	1:03.65	1	

Event 148 400 Meter Dash Open Men

Name	Year Team	Seed	Finals	H#
1 Reed, Jarius	90 Norfolk Real	49.80	50.36	2
2 Hampton-Haynes, Quenton	90 Tri-City Jet	47.90	50.91	2
3 Henry, Sibron	90 Norfolk Real	52.00	51.27	2
4 Cato, Denzel	90 Sonic Boom T	52.50	52.52	1
5 Holmes, Jonathan	90 Norfolk Real	50.50	52.56	2
6 Hunter, Adam	90 Norfolk Real	52.50	54.03	1

Event 149 800 Meter Run Sub-Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Rose, Michaela	03 Fia Ministri	3:15.00	3:28.48	10
2 Mercer, Asya	02 Track-757	3:10.00	3:32.06	8
3 Kluck, Rebecca	01 Suffolk Star	3:56.38	4:12.39	6

Event 150 800 Meter Run Sub-Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Cole, Gabriel	02 Technique TC	2:50.00	2:51.90	10
2 Smith, Devin	01 Churchland T	2:59.00	2:53.60	8
3 Rose, Michael	01 Fia Ministri	2:59.70	2:57.59	6
4 Butts, Danarre	01 Churchland T	3:12.00	3:14.85	5
5 Hinton, Willie	01 Pathfinders	3:40.00	3:16.86	4
6 Cade, Austin	01 Technique TC		3:33.89	3
7 Stravino, Foster	02 Lions Den Tr	4:30.00	4:12.55	2

Event 151 800 Meter Run Bantam Girls

Name	Year Team	Seed	Finals	Points
1 Ferrell, Bryana	99 Central VA T	2:42.00	2:47.24	10
2 Parks, Skylar	00 East End Fly	2:47.00	2:54.42	8
3 Phiefer, Alexia	00 Speed City C	2:50.00	2:57.10	6
4 Smith, Temani	00 Speed City C	3:00.00	3:09.46	5
5 Williams, Lamani	99 Indian River	2:56.00	3:17.91	4
6 Williams, Victoria	99 Norfolk Real	2:50.00	3:46.54	3

Event 152 800 Meter Run Bantam Boys

Name	Year Team	Seed	Finals	Points
1 Marshall, Reondre	99 Churchland T		2:59.68	10
2 Stutz, Aaron	99 N-Motion TC	3:05.52	3:09.51	8
3 Thurogood, Tyler	00 Norfolk Real	2:50.00	3:16.11	6

4 Smith, Javon 00 Churchland T 2:59.00 3:16.96 5

Event 153 800 Meter Run Midget Girls

Name	Year Team	Seed	Finals	Points
1 Muhammad, Shakuraa	97 Norfolk Real	2:35.00	2:37.40	10
2 Washington, Twanika	97 Technique TC	3:17.00	2:38.37	8
3 Gilchrist, Mikayla	98 Suffolk Star	2:48.17	2:47.90	6
4 Ellison, Chadaja	98 Central VA T	3:10.00	2:54.27	5
5 Spellman, Jasmine	98 Norfolk Real	2:55.00	3:15.66	4

Event 154 800 Meter Run Midget Boys

Name	Year Team	Seed	Finals	Points
1 Joyner, Tyus	97 Norfolk Real	2:26.62	2:39.20	10
2 Andrews, Louis	98 Churchland T	2:51.00	2:44.27	8
3 Ross, George	98 Central VA T	2:33.00	2:45.27	6
4 Sessoms, Tavon	98 N-Motion TC	2:43.04	2:46.32	5
5 Wiggins, Lonnell	98 Churchland T	2:51.00	2:50.09	4
6 Williams, Anthony	98 Norfolk Real	2:30.00	2:57.64	3
7 Stackfield, Nickolas	98 Technique TC		2:57.65	2
8 Carrothers, Eziekiel	97 Track-757		3:05.07	1
9 Saunders, Dandre	98 Technique TC		3:38.95	

Event 155 800 Meter Run Youth Girls

Name	Year Team	Seed	Finals	Points
1 White, Ebony	96 Track-757	2:24.00	2:31.76	10
2 Goodman, Kirsten	96 Norfolk Real	2:38.31	2:51.37	8
3 Clark, Niya	96 Norfolk Real	2:35.00	2:52.87	6
4 Clarke, Kristiana	96 Fia Ministri	2:50.00	2:54.50	5
5 Girona, Alexis	96 East End Fly	2:53.00	3:02.13	4
6 Dove, Alexis	96 Central VA T	3:10.00	3:17.02	3

Event 156 800 Meter Run Youth Boys

Name	Year Team	Seed	Finals	Points
1 Guerrier, Javon	95 Norfolk Real	2:14.10	2:21.42	10
2 Granger, Andrew	95 Pathfinders	2:19.00	2:22.46	8
3 Little, Juan	96 Norfolk Real	2:23.73	2:32.02	6
4 Mccartney, Robert	95 Speed City C	2:25.00	2:39.68	5
5 Carter, Dominic	96 Va Speed Exp	2:00.00	2:48.61	4
6 Robinson, Bryceton	95 Norfolk Real	2:11.11	2:48.73	3
7 Williams, Kenneth	95 Suffolk Star		2:58.44	2

Event 157 800 Meter Run Intermediate Girls

Name	Year Team	Seed	Finals	Points
1 Morton, Shannon	93 Norfolk Real	2:20.00	2:26.90	10
2 Wright, Jazmine	93 Technique TC	2:22.00	2:40.06	8
3 Gilliam, Justina	93 Inside Track	2:37.00	2:43.39	6
4 Lott, Jazmine	93 Technique TC	2:40.00	2:43.78	5
5 Edwards, Jasmine	93 Central VA T	2:26.00	2:46.22	4
6 Rozier, Sarah	94 Carolina Lig	2:42.00	2:59.83	3
7 Temple, Kelsey	93 Carolina Lig	2:42.00	2:59.85	2

Event 158 800 Meter Run Intermediate Boys

Name	Year Team	Seed	Finals	Points
1 Brown, William	94 Technique TC	1:59.00	2:03.75	10
2 Thomas, Shawn	93 Speed City C	2:07.00	2:14.99	8
3 Morrison, Randolph	93 Track Seriou	2:08.00	2:22.16	6
4 Childs, Jordan	94 Norfolk Real		2:23.34	5
5 Shank, Joseph	93 Lions Den Tr	2:12.00	2:24.41	4

6 Charles, Denis	94 Lions Den Tr	2:17.00	2:27.29	3
7 Williams, Mattew	93 Pathfinders	2:30.00	2:49.48	2

Event 159 800 Meter Run Young Girls

Name	Year Team	Seed	Finals	Points
1 Bell, Champagne	91 Norfolk Real		2:32.67	10
2 Harris, Tiffany	91 Norfolk Real		2:32.76	8
3 Dennis, Breanna	92 Norfolk Real		2:33.23	6
4 Woodley, Ashley	92 Track Seriou	2:24.00	2:33.81	5
5 Stewart, Ashley	92 Tri-City Jet	2:25.00	2:45.31	4
6 Williams, Ayana	92 Speed City C	2:40.00	2:51.53	3
7 Williams, Ariyanna	92 Speed City C	2:40.00	2:51.74	2
8 King, Juanisha	92 Norfolk Real		3:01.12	1
9 Metzger, Beth	92 Carolina Lig	2:45.00	3:06.73	

Event 160 800 Meter Run Young Boys

Name	Year Team	Seed	Finals	Points
1 Burton, Orlando	91 Speed City C	2:05.00	2:07.28	10
2 Apple, Jesse	92 Fia Ministri	2:07.00	2:16.73	8

Event 161 800 Meter Run Open Women

Name	Year Team	Seed	Finals
1 Mcrae, Jalissa	89 Inside Track		3:30.73

Event 162 800 Meter Run Open Men

Name	Year Team	Seed	Finals
1 Perdue, Randy	64 Unattached		2:32.16

Event 163 200 Meter Dash Sub-Bantam Girls

Name	Year Team	Seed	Finals	H#	Points
1 Edwards, Rolanda	01 Track Seriou	33.80	32.79	4	10
2 Thompson, Alandria	01 East New Yor	34.50	33.94	4	8
3 Scott-Mckoy, Trebreh	01 Churchland T	33.20	34.07	4	6
4 Tilmon, Jazmine	01 Norfolk Real	36.37	35.13	4	5
5 Corprew, Katelan	01 Indian River	36.50	36.26	4	4
6 Morris, Precious	01 N-Motion TC	34.65	38.02	4	3
7 Rountree, Alexis	02 Suffolk Star	38.00	38.40	3	2
8 Epps, Aniya	01 Track-757		39.35	1	1
9 Dozier, Essence	01 Churchland T	37.02	40.06	3	
10 Williams, Jaiden	01 East End Fly		41.55	2	
11 Brabson, Erin	03 N-Motion TC	41.81	43.65	3	
12 Robinson, Alexa	02 Norfolk Real	48.15	43.74	3	
13 Dozier, Nyasia	01 Churchland T	40.00	47.20	3	
14 Kluck, Abigail	03 Suffolk Star		47.36	1	
15 Walker, Jada	02 Speed City C	44.00	48.48	3	
16 Williams, Jayce	02 East End Fly		49.01	2	
17 Pridgen, Jalyn	04 Churchland T	42.00	51.13	3	
18 Wilson, Abigail	03 East End Fly		58.20	1	

Event 164 200 Meter Dash Sub-Bantam Boys

Name	Year Team	Seed	Finals	H#	Points
1 Rawlings, Damar	01 Norfolk Real	33.69	32.08	3	10
2 Hinton, Jalen	01 Churchland T	32.15	32.36	3	8
3 Rawlings, Ashmar	01 Norfolk Real	33.59	32.54	3	6
4 Battle, Daequan	01 Technique TC	35.00	33.68	3	5
5 Gough, Lajuan	01 East New Yor	34.00	33.73	3	4
6 Midgett, Keyonte	01 Churchland T	32.69	34.41	3	3
7 Williams, Kevin	01 Suffolk Star	33.48	34.57	3	2

8	Mighty, Keanjour	02	East New Yor	34.60	36.53	3	1
9	Mitchell, Camren	03	Unattached		36.70	1	
10	Meese, Michael	01	Team Flash	36.50	36.74	2	
11	Woodard, Quinterick	01	N-Motion TC	40.36	37.97	1	
12	Daniels, Javon	02	East End Fly	35.26	38.08	2	
13	Williams, Jordan	01	Technique TC		39.16	1	
14	Lowther, Tyreik	02	Suffolk Star	40.01	39.19	1	
15	Artis, Deryan	02	Suffolk Star	38.60	39.72	2	
16	Coston, Teion	02	Churchland T	40.10	40.57	1	
17	Bunch, Calvin	01	East End Fly		40.84	1	
18	Thomas, Harrison	02	East End Fly		42.89	1	
19	Green, Reginald	01	Track Seriou	37.80	43.43	2	
20	Stewart, Tyshon	02	East End Fly	37.58	44.70	2	
21	Riddick, Jaylon	03	Indian River	36.20	45.74	2	

Event 165 200 Meter Dash Bantam Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Ross, Brayya	00	Technique TC	29.00	30.03	4 10
2	Cobbin, Tatyana	99	Norfolk Real		30.76	1 8
3	Burrell, Mariah	99	Technique TC	30.00	30.80	4 6
4	Ferrell, Bryana	99	Central VA T	32.10	30.85	3 5
5	Blount, Kori-Madisyn	99	N-Motion TC	31.54	30.88	4 4
6	Tucker, Jessica	00	Track-757	30.00	31.54	4 3
7	Bunch, Telina	00	East End Fly	31.54	31.62	3 2
8	Williams, Victoria	99	Norfolk Real	28.00	31.66	4 1
9	Stith, Brooke	99	Suffolk Star	34.00	32.89	3
10	Crocker, Asia	00	Churchland T	30.89	32.95	4
11	Foster, Karah	99	Churchland T	33.00	33.02	3
12	Stewart, Tenesha	99	East New Yor	31.00	33.37	4
13	Bailey, Michala	00	Track Seriou	34.99	33.41	2
14	Hunter, Naya	00	Indian River	34.70	33.60	3
15	Wallace, Raejean	99	N-Motion TC	35.26	33.67	2
16	Pope, Tamyia	00	Technique TC	35.00	33.69	2
17	Minor, Kenya	00	Norfolk Real	36.30	33.76	2
18	Brooklynn, Jacobs	00	Pathfinders		34.47	1
19	Skinner, Shaila	00	Pathfinders		34.50	1
20	Harper, Briana	00	Technique TC		34.97	1
21	Butler, Sadaya	99	Technique TC		35.65	1
22	Rountree, Jasmine	99	N-Motion TC	34.96	35.71	2
23	Haskins, Asiah	99	Track-757	32.00	37.35	3
24	Anderson, Ahmore	99	N-Motion TC	38.29	38.79	2

Event 166 200 Meter Dash Bantam Boys

Name	Year	Team	Seed	Finals	H#	Points
1	King, Isaiah	99	Norfolk Real	28.00	28.16	3 10
2	Foreman, Cameron	00	Norfolk Real	29.85	28.19	3 8
3	Wilson, Dallas	00	Churchland T	29.00	29.38	3 6
4	Bailey, Coby	99	Track-757	26.50	30.03	3 5
5	Codrington, Alwin	99	East New Yor	29.97	30.91	3 4
6	Faircloth, Daiqwan	00	Churchland T	31.00	31.45	2 3
7	Dixon, Casaan	00	Churchland T	32.91	32.52	2 2
8	Rawlings, Kassim	99	Norfolk Real	34.60	32.92	2 1
9	Brown, Maurice	99	Inside Track	32.00	32.96	2
10	Eldridge, Tyrell	00	East End Fly		34.23	1
11	Adams, Darian	00	Va Speed Exp		35.60	1
12	Goodson, Arlen	00	Technique TC		35.62	1
13	Battle, Isaiah	00	Track-757	31.00	37.10	2
14	Mclemore, Eric	00	Va Speed Exp	31.00	38.12	3
15	Cheeks, Jayvon	00	Pathfinders	38.00	40.23	2

Event 167 200 Meter Dash Midget Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Wilson, Taylor	97	Track-757	26.90	26.93	5 10
2	Philson, Jada	97	Technique TC	27.00	27.72	5 8

3	Smith, Mykia	97	Norfolk Real	28.00	27.78	5	6
4	Coleman, Sydney	97	Norfolk Real	27.95	28.09	5	5
5	Leonard, Jaelan	98	Norfolk Real	28.00	28.51	5	4
6	Hankins, Diamond	97	Track Seriou	29.15	28.64	4	3
7	Bunch, Ashaila	97	East End Fly	27.89	28.73	5	2
8	Lee, Dayana	98	Norfolk Real	29.00	29.01	4	1
9	Keith, Asia	98	Norfolk Real	29.46	29.02	4	
10	Lee, Tyshiana	98	Norfolk Real	29.00	29.81	4	
11	Hinton, Joyner	98	Track Seriou	31.81	29.83	3	
12	Broughton, Shayla	98	East New Yor	29.40	29.86	4	
13	Banks, Aleya	98	Churchland T	28.83	29.90	4	
14	Rashid, Zakiya	97	Norfolk Real		31.06	1	
15	Stukes, Brittany	97	Churchland T	31.24	31.24	3	
16	Elliott, Shade	98	Churchland T	30.68	31.25	3	
17	Saunders, Maya	98	Unattached		31.69	2	
18	Spencer-Holmes, Bailey	98	Pathfinders		31.97	1	
19	Spellman, Jasmine	98	Norfolk Real	29.00	32.03	4	
20	Adkins, Erica	98	Norfolk Real	33.60	32.32	2	
20	Stith, Bria	98	Suffolk Star		32.32	1	
22	Simmons, Aliyah	98	Pathfinders		32.34	1	
23	Wheeler, Kristen	97	Suffolk Star	31.25	32.43	3	
24	Fulp, Dasia	98	Churchland T	33.96	32.69	2	
25	Jacobs, Ericka	98	Pathfinders		33.65	1	
26	Goodman, Kourtney	97	Norfolk Real	32.12	33.97	3	
27	Wesby, Shyrane	98	Churchland T	32.92	34.00	3	
28	Rawlings, Makeba	98	Norfolk Real	34.83	34.38	2	
29	Tisdale, Kayla	98	Central VA T	29.80	34.57	3	
30	Chandler, Aliyah	97	Track Seriou	33.60	35.25	2	
31	Clark, Asia	97	Lions Den Tr	35.00	37.25	2	

Event 168 200 Meter Dash Midget Boys

Name	Year	Team	Seed	Finals	H#	Points
1	Zaryczny, David	97 Central VA T	27.01	27.53	5	10
2	Coston, Tyler	98 Norfolk Real	28.00	28.46	5	8
3	Griffith, Ronaldo	98 East New Yor	29.20	29.09	3	6
4	Lewis, Tyler	98 East New Yor	28.28	29.13	4	5
5	Fulp, Taron	97 Churchland T	27.14	29.39	5	4
6	Jackson, Ronell	97 Inside Track	30.00	29.48	3	3
7	Williams, Anthony	98 Norfolk Real	28.00	29.81	4	2
8	Smiley, Kenneth	98 Norfolk Real	29.19	30.15	3	1
9	Abdus-Salaam, Zafir	98 Churchland T	27.14	30.25	5	
10	Lewis, Kemon	98 Va Speed Exp	28.00	30.27	5	
11	Mighty, Kemarni	98 East New Yor	30.00	30.72	3	
12	Jones, Ivan	97 Churchland T	27.11	30.78	5	
13	Jeffries, Justin	98 East End Fly	30.19	30.95	2	
14	Johnson, Marcus	98 Track-757	32.00	31.19	2	
15	Brown, Christion	98 Va Speed Exp	28.00	31.69	5	
16	Brown, Ronald	98 Churchland T	28.04	32.30	4	
17	Mitchell, Brandon	98 Unattached		32.70	1	
18	Conner, Bryon	98 Track Seriou	33.80	32.87	2	
19	Wiggins, Lonnell	98 Churchland T	29.15	32.91	4	
20	Philpot, Terrick	98 Suffolk Star	32.65	32.93	2	
21	Bailey, Tyrone	98 Churchland T	30.12	33.12	3	
22	Suggs, Kevin	97 Churchland T	28.15	33.17	4	
23	Kluck, Ryan	97 Suffolk Star	33.74	34.24	2	
24	Mighty, Dandre	97 East New Yor	36.00	38.11	1	

Event 169 200 Meter Dash Youth Girls

Name	Year	Team	Seed	Finals	H#	Points
1	Wesson, Talia	96 East End Fly	25.96	25.80	5	10
2	Taliaferro, Briana	96 Norfolk Real	26.00	26.60	5	8
3	Jackson, Deja	95 Track Seriou	28.12	26.93	3	6
4	Lucas, Cynhia	95 Lpw TC	27.00	27.75	5	5
5	Glenn, Kyra	96 Track Seriou	28.15	27.81	3	4
6	Snipes, Gabrielle	96 Suffolk Star	27.80	27.94	4	3
7	Wilkins, Aja	95 Churchland T	27.73	27.99	4	2

8	Weaver, Taylor	96 Track-757	25.00	28.07	5	1
9	Peele, Serena	95 Track-757	26.70	28.31	5	
10	Brown, Carolyn	96 Inside Track	28.50	28.90	3	
11	Harvey, Bria	95 Norfolk Real	29.39	28.95	2	
12	Bryant, Twanja	95 Track Seriou	28.77	29.24	3	
13	White, Brianna	95 Norfolk Real	29.00	29.32	2	
14	Jones, Mashea	95 Churchland T	29.43	29.39	2	
14	Hatton, Kanitra	95 Churchland T	29.54	29.39	2	
16	Lecadre, Todja	96 East End Fly	29.74	29.93	2	
17	Epps, Yolanda	95 Lpw TC	28.70	30.20	3	
18	Brown, Deja	96 Norfolk Real	29.61	30.60	2	
19	Parks, Kortnie	95 Churchland T	32.45	30.99	1	
20	Matute, Alexa	95 Western Bran	27.50	31.00	4	
21	Curry, Dayzja	96 Technique TC	31.00	32.40	2	
22	Walker, Desiree	96 Norfolk Real	32.22	32.41	2	
23	Lyons, Brayannah	95 Churchland T	32.46	32.70	1	
24	Barnes, Jessica	95 Western Bran		35.29	1	

Event 170 200 Meter Dash Youth Boys

Name	Year Team	Seed	Finals	H#	Points	
1	Robinson, Byron	95 Tri-City Jet	22.30	23.73	3	10
2	Hines, Romero	95 Norfolk Real	24.00	23.92	3	8
3	Singleton, Stephen	95 Total Athlet	25.45	24.11	3	6
4	Kanney, Michael	96 Central VA T	24.30	24.30	3	5
5	Anthony, Tyshaun	96 Western Bran	24.99	24.44	3	4
6	Major-Dixon, Darius	95 Churchland T	26.50	25.64	2	3
7	Morelan, Jericho	95 Norfolk Real		26.59	1	2
8	Blackley, Joeell	96 Churchland T	25.50	26.95	3	1
9	Pennyfeather, Isaiah	96 Technique TC	25.00	26.99	3	
10	Gee, Daquan	95 Churchland T	27.51	27.10	1	
11	Arneaud, Trevor	95 Technique TC	26.00	27.46	2	
12	Armstrong, Davien	96 Norfolk Real	26.00	27.71	2	
13	Chandler, Nathaniel	95 Norfolk Real	27.27	28.14	2	
14	Payne, James	95 Technique TC	27.00	28.54	2	
15	Sessoms, Quamel	96 Churchland T	27.85	30.57	1	

Event 171 200 Meter Dash Intermediate Girls

Name	Year Team	Seed	Finals	H#	Points	
1	Williams, Monica	93 Track Seriou	25.06	25.14	3	10
2	Ewing, Jessica	93 Track Seriou	25.40	25.73	3	8
3	Carney, Taira	94 Central VA T	25.80	25.82	3	6
4	Ford-Holland, Siobhan	93 Central VA T	25.00	25.91	3	5
5	Seward, Justice	94 Track Seriou	26.92	27.26	2	4
6	Perdue, Brooke	93 Unattached	28.26	27.70	1	3
7	Todd, Seanda	93 Norfolk Real	27.00	27.73	2	2
8	Jefferies, Javeisha	94 N-Motion TC	27.51	28.26	2	1
9	Wooten, Queen	93 Inside Track	28.50	28.35	1	
10	Bynum, Charve	94 Norfolk Real	28.00	28.88	2	
11	Fortenberry, Chandrel	93 Norfolk Real	29.00	29.65	1	
12	Williamson, Jazmyne	93 Norfolk Real	30.00	30.12	1	
13	Walton, Tina	93 Churchland T	30.55	30.29	1	
14	Uzzle, Michaela	94 Track Seriou	29.80	30.33	1	
15	Shipp, Meagen	94 Inside Track	31.00	30.70	1	

Event 172 200 Meter Dash Intermediate Boys

Name	Year Team	Seed	Finals	H#	Points	
1	Mitchell, Walt	93 Norfolk Real	22.00	22.37	4	10
2	Gray, Roderque	93 Sonic Boom T	21.97	22.94	4	8
3	Holloway, Tyler	93 Norfolk Real	23.56	22.97	3	6
4	Smith, Michael	94 Track Seriou	23.48	23.13	3	5
5	Kinslow, Ajani	93 Central VA T	23.56	23.25	3	4
6	Bateman, Jamar	93 Norfolk Real	23.00	23.30	4	3
7	Booker, Devon	94 Churchland T	23.52	23.81	3	2
8	Edwards, Carlton	94 Central VA T	23.54	23.94	3	1

9 Philson, Jason	94	Technique TC	23.20	24.33	4
10 Squires, Jamaree	93	Technique TC	23.70	24.58	3
11 Boyd, Darrell	94	Western Bran	24.23	24.77	2
12 Anderson, Daquan	94	Va Speed Exp	24.00	24.85	3
13 Rogers, Trevon	94	Tri-City Jet	23.40	24.94	4
14 Garner, Demetrius	93	Sonic Boom T	24.50	24.99	2
15 Bly, Roderick	94	N-Motion TC	25.60	26.12	2
16 Washington, Justin	93	Pathfinders	28.50	26.23	1
17 Coles, Tykhari	94	Technique TC	24.00	26.37	2
18 Dixon, Aaron	93	Churchland T	26.08	26.85	2
19 Williams, Mattew	93	Pathfinders	28.00	27.97	1
19 Pierce, Clifton	94	N-Motion TC		27.97	1

Event 173 200 Meter Dash Young Girls

Name	Year	Team	Seed	Finals	H#	Points
1 Dennis, Breanna	92	Norfolk Real	25.00	25.08	2	10
2 Tyson, Keilah	92	Norfolk Real	24.60	25.17	2	8
3 Butler, Emily	91	Track Seriou	25.74	25.86	2	6
4 Wright, Melonie	90	Sonic Boom T	25.55	26.04	2	5
5 James, Shkemea	92	Technique TC	26.00	26.37	2	4
6 Staton, Whitney	91	Sonic Boom T	25.55	26.39	2	3
7 Jemmott, Katea	92	Central VA T		26.51	1	2
8 Green, Gabrielle	92	Pathfinders	28.00	27.12	1	1
9 Ross, Kiera	91	Diamond Trac	26.70	28.28	2	
10 Smith, Melina	92	Churchland T	29.30	29.24	1	

Event 174 200 Meter Dash Young Boys

Name	Year	Team	Seed	Finals	H#	Points
1 Smith, Kenny	91	Speed City C	22.00	22.37	4	10
2 Warwick, Tehquin	92	Norfolk Real		22.51	1	8
3 Fulgham, Quintin	91	Central VA T	24.00	22.65	2	6
4 Wilson, Deshawn	91	Norfolk Real	22.50	22.75	4	5
5 Johnson, Darryl	92	Pathfinders		22.79	1	4
6 Marsh, Damion	92	Speed City C	22.50	23.02	4	3
7 Walker, Ben	92	Speed City C	22.40	23.07	4	2
8 Edwards, Dionte	91	Track Seriou	23.28	23.11	2	1
9 Murray, Tyreak	92	Total Athlet	23.09	23.20	3	
10 Thomas, Joshua	92	Churchland T	22.13	23.24	4	
11 Tucker, Devante	92	Sonic Boom T	22.50	23.33	4	
12 Teller, Dante	91	Track-757	23.10	23.66	3	
13 Artis, Donte	92	Inside Track	23.00	23.77	3	
14 Jones, Gary	91	Track Seriou	24.60	23.99	2	
15 Moore, Deon	91	Technique TC	25.00	24.38	2	
16 Harrisii, Eric	91	Inside Track	23.00	24.48	3	
17 Butler, Julian	92	Sonic Boom T	23.50	24.57	2	
18 Lay, Robert	91	Central VA T	25.60	24.79	1	
19 Hamilton, Eddie	92	Western Bran	24.17	26.04	2	

Event 175 200 Meter Dash Open Women

Name	Year	Team	Seed	Finals
1 Claiborne, Shanneka	88	Diamond Trac	24.70	24.97
2 Waller, Monae	90	Sonic Boom T	26.50	27.75
3 Washington, Janay	87	Pathfinders	27.00	28.64

Event 176 200 Meter Dash Open Men

Name	Year	Team	Seed	Finals	H#
1 Blyden, Flavel	84	Unattached	22.00	22.31	2
2 Williams, Eric	90	Unattached	21.86	22.61	2
3 Reed, Jarius	90	Norfolk Real	22.80	22.72	1
4 Henry, Sibron	90	Norfolk Real	23.00	23.28	1
5 Daniels, Jamaal	89	Unattached	22.50	23.35	2
6 Hampton-Haynes, Quenton	90	Tri-City Jet	21.90	34.92	2

Event 177 4x400 Meter Relay Sub-Bantam Girls

Team	Seed	Finals	Points
1 Churchland Trailblazers 'A'	5:50.00	6:04.18	10
1) Banks, Alexis 01		2) Hinton, Ahzyah 02	
3) Porter, Maquazha 01		4) Scott-Mckoy, Trebreh 01	

Event 178 4x400 Meter Relay Sub-Bantam Boys

Team	Seed	Finals	Points
1 Churchland Trailblazers 'A'	5:30.00	5:33.71	10
1) Butts, Danarre 01		2) Hinton, Jalen 01	
3) Midgett, Keyandre 02		4) Smith, Devin 01	
2 Va Speed Express 'A'	5:00.00	5:46.25	8
1) Ferguson, Duron 01		2) Parker, Isaiah 01	
3) Peters, Alyjha 02		4) Walker-Harris, Tysin 01	
3 Churchland Trailblazers 'B'	6:00.00	6:17.21	6
1) Cutler, Marcus 02		2) Gray, Dasaun 02	
3) Jones, Elijah 01		4) Mccrary, Jevon 02	

Event 180 4x400 Meter Relay Bantam Boys

Team	Seed	Finals	Points
1 Churchland Trailblazers 'A'	4:39.00	5:04.67	10
1) Blackley, Jahkwan 99		2) Marshall, Reondre 99	
3) Purvy, Blanton 00		4) Wilson, Dallas 00	
2 Va Speed Express 'A'	4:00.00	5:25.56	8
1) Branch, Jamontre 00		2) Carter, Jasper 00	
3) Jones, Timon 00		4) Taylor, Christopher 00	
3 Churchland Trailblazers 'B'	5:10.00	5:52.48	6
1) Butts, Darran 99		2) Dixon, Micah 00	
3) Parham, Bryson 00		4) Trotter, Nasim 99	

Event 181 4x400 Meter Relay Midget Girls

Team	Seed	Finals	Points
1 Track-757 'A'	4:19.00	4:25.47	10
1) Greene, Alexis 98		2) Haskins, Alexis 97	
3) Hawkes, Aviance 98		4) Skinner, Shay 97	
2 Norfolk Real Deal TC 'A'	4:26.00	4:32.58	8
1) Coleman, Sydney 97		2) Lee, Dayana 98	
3) Leonard, Jaelan 98		4) Muhammad, Shakuraa 97	
3 Technique TC 'A'	4:17.00	4:35.80	6
1) Epps, Keyla 97		2) Greenlee, Ashley 97	
3) Philson, Jada 97		4) Washington, Twanika 97	
4 Norfolk Real Deal TC 'B'	4:30.00	4:43.71	5
1) Adkins, Erica 98		2) Buster, Jasmin 98	
3) Keith, Asia 98		4) Smith, Mykia 97	
5 Churchland Trailblazers 'A'	5:01.23	5:07.29	4
1) Brown, Kayla 97		2) Hazel, Jalala 97	
3) Hinton, Zykeara 98		4) Shepard, Brianna 97	

Event 182 4x400 Meter Relay Midget Boys

Team	Seed	Finals	Points
1 Technique TC 'A'	4:29.00	4:33.66	10
1) Brown, Darrell 97		2) Hicks, Kentuan 98	
3) Hines, Ira 98		4) Robinson, William 98	
2 Churchland Trailblazers 'A'	4:57.48	4:49.79	8
1) Andrews, Louis 98		2) Dixon, Kyree 97	
3) Fulp, Taron 97		4) Gray, Dovovan 97	
3 Va Speed Express 'A'	4:00.00	4:54.46	6
1) Anderson, Earl 97		2) Branch, James 97	
3) Lewis, Kemon 98		4) Martinjr, Donnell 98	

Event 183 4x400 Meter Relay Youth Girls

Team	Seed	Finals	Points
1 Churchland Trailblazers 'A'	4:32.06	4:20.08	10
1) Hatton, Kanitra 95	2) Marshall, Raniqua 95		
3) Smith, Sherelle 96	4) Wilkins, Aja 95		
2 Norfolk Real Deal TC 'A'	4:14.58	4:22.40	8
1) Hill, Danielle 96	2) Taliaferro, Briana 96		
3) Wedlock, Penchell 96	4) Wright, Chelsea 95		

Event 184 4x400 Meter Relay Youth Boys

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'	4:25.00	4:25.27	10
1) Armstrong, Davien 96	2) Brown, Rashaad 95		
3) Lawrence, Justin 96	4) Morelan, Jericho 95		
2 Churchland Trailblazers 'A'	4:01.97	4:34.88	8
1) Blackley, Joeell 96	2) Major-Dixon, Darius 95		
3) Neeley-Williams, Walter 96	4) Phillips, Keonta 95		

Event 185 4x400 Meter Relay Intermediate Girls

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'	4:00.00	4:09.77	10
1) Harper, Amani 93	2) Morton, Shannon 93		
3) Todd, Seanda 93	4) Williamson, Jazmyne 93		

Event 186 4x400 Meter Relay Intermediate Boys

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'	3:23.00	3:31.24	10
1) Bateman, Jamar 93	2) Burke, Justin 93		
3) Coleman, Joel 94	4) Hill, Joseph 93		
2 Track-757 'A'	3:29.00	3:32.55	8
1) Hurd, Anthony 93	2) Miller, Darnnell 93		
3) Ringo, Evan 94	4) Scott, Erik 93		
3 Technique TC 'A'	3:37.00	3:45.58	6
1) Brown, William 94	2) Burrell, William 93		
3) Philson, Jason 94	4) Squires, Jamaree 93		
4 Track-757 'B'	3:38.00	3:48.61	5
1) Ayot, Juquan 93	2) Graham, Tavon 93		
3) Lofton, Jaquon 93	4) Reid, Malcolm 93		

Event 187 4x400 Meter Relay Young Girls

Team	Seed	Finals	Points
1 Sonic Boom TC Of Frbg 'A'	3:55.00	3:55.73	10
1) Lott, Jaime 91	2) Lott, Jaquonna 91		
3) Staton, Whitney 91	4) Wright, Melonie 90		
2 Central VA Track Field Club 'A'	1:00.00	4:18.97	8
1) Banks, Ivory 92	2) Mcwilliams, Briana 92		
3) Robinson, Ebonii 92	4) Taylor, Whitney 91		
3 Speed City Chargers 'A'	4:00.00	4:31.03	6
1) Farmer, Kendra 92	2) Perry, Chaneka 91		
3) Williams, Ariyanna 92	4) Williams, Ayana 92		

Event 188 4x400 Meter Relay Young Boys

Team	Seed	Finals	Points
1 Norfolk Real Deal TC 'A'		3:24.61	10
1) Mcfadden, Daniel 92	2) Sawyer, Richard 91		
3) Thornton, Raymond 91	4) Wilson, Deshawn 91		
2 Speed City Chargers 'A'	3:20.00	3:28.04	8

1) Marsh, Damion 92
3) Smith, Kenny 91

2) Polomo, Asher 92
4) Walker, Ben 92